

Lambda

Laurentian University's Student Newspaper
Le journal des étudiant(e)s de l'Université Laurentienne
Volume 36 - Issue 22 / Numéro 22

"Somehow ways
I'm letting time pass.
And all my old friends
Seem to slip through
The cracks."
- Letting Time Pass, The New Meanies



Dylan and The
Dewey Decimal!
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South Park
Roadkill
Pg. 8



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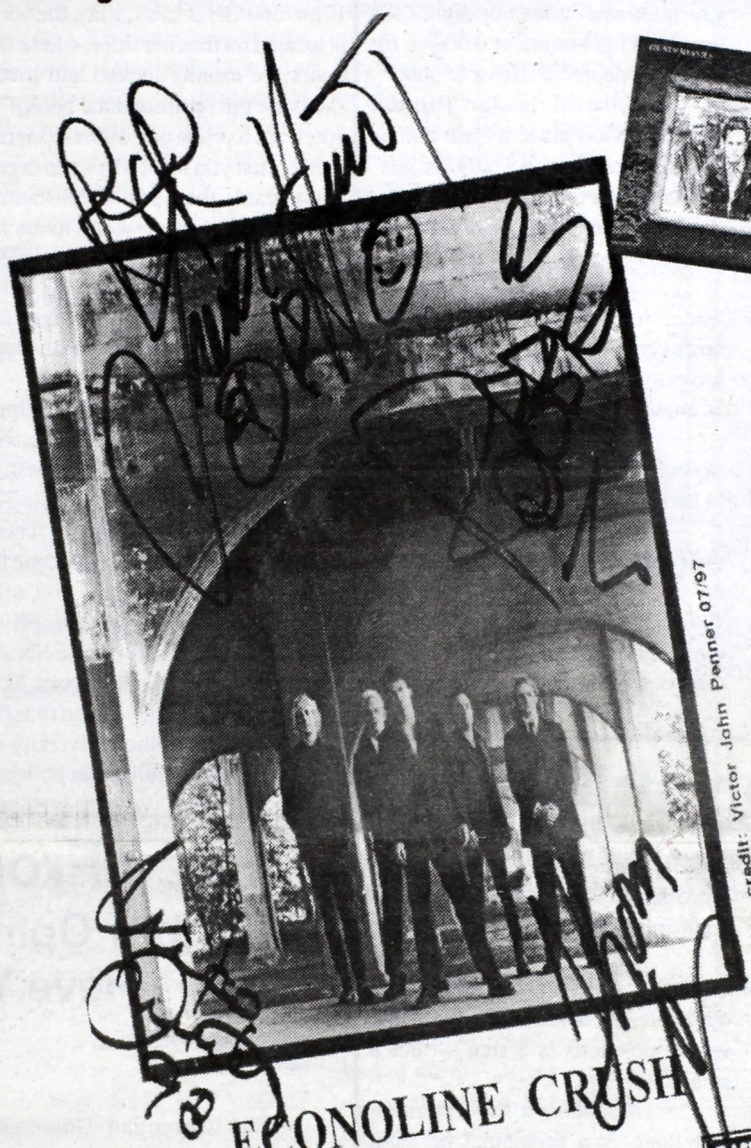


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LIVE ON STAGE ... SEE PAGE 7!



ECONOLINE CRUSH

EMI
MUSIC
CANADA



the New
Meanies

ADMIT ONE
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BELVEDERE ROCK
AND THE SGA/AGE
PRESENT

THE T
PARTY
WITH SPECIAL GUESTS
ECONOLINE CRUSH

ADMIT ONE
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BELVEDERE ROCK
AND THE SGA/AGE
PRESENT

THE T
PARTY
WITH SPECIAL GUESTS
ECONOLINE CRUSH

I.D. REQUIRED

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NON/SGA ADV \$15.00
MEM/DOOR \$15.00
NON/MEM DOOR \$20.00
GENERAL ADMISSION
000510



THE TEA PARTY

EMI
MUSIC
CANADA

Stone Cold Stunned Since 1961

Students question benefits of N.S. minority government

by Andrew Simpson and John Cullen
The Dalhousie Gazette

HALIFAX (CUP) — Student leaders in Nova Scotia have mixed feelings about what the tie vote in the provincial election means for advancing the cause of post-secondary education.

On March 24, the Liberals and the NDP both won 19 seats in the election, with the Progressive Conservatives netting 14. Under political convention the Liberals, who went into the election as the government, will be given the first opportunity to form the new administration.

Student leaders are debating the merits of the precarious minority position the Liberal government finds itself in.

According to St. Francis Xavier University political science professor Jim Bickerton, minority governments are often beneficial for groups advancing a particular interest or concern.

And Chris Adams, president of the Dalhousie student union, says he plans to take advantage of the minority situation.

"The two parties with 19 seats have both said they will institute a tuition cap, and we will continue to pressure [them] to fulfil their campaign promises," he said.

But there are concerns that a

minority government will get bogged down trying to please everyone, and student concerns will get lost in the shuffle.

"You're going to have all different kinds of people lobbying and lobbying and lobbying, and sometimes there's not that wiggle room anymore [for government] to make good decisions," University College of Cape Breton student union president Sheldon Gillis said.

Gillis' concerns were echoed by Amy Cole, chair of the Nova Scotia component of the Canadian Federation of Students.

She says though the parties made substantial election promises, without a clear mandate for any one of them, it's questionable whether these promises will be kept.

"My initial reaction [to the minority situation] was skepticism," she said. "I can foresee a lot of head-butting and a lot of lobbying to get important issues passed."

"It's going to mean a lot of running around. You look at every part of the public sector and everyone is clamouring for the attention and the funding they feel they deserve."

"I don't think it's a bad thing, it's just going to take a lot of leg work."

Adams agrees.

"It's a continuous lobbying

process. We just have to make sure our interests are represented with all three parties. It's about building bridges and getting your point across."

The big winner in the Nova Scotia election was the New Democratic Party. Previous to this trip to the polls, the party had never won more than four seats in the provincial legislature.

"The NDP is here to stay in a big way," NDP leader Robert Chisholm said on election night. "It's time to get government working for everyday people in Nova Scotia."

Liberal leader Russell MacLellan has made it clear that he is not interested in a coalition government with either the NDP or the Conservatives, who now hold the balance of power in the province.

Chisholm and Conservative leader John Hamm have pledged, however, to work together with the government to best serve Nova Scotians.

But professor Bickerton says old political habits may be hard to break.

"[They] have to change their behaviour. They're not used to co-operating. We have an adversarial system based on competition, so it's a big shift for them to move in the direction of more co-operation."

Dalhousie profs go on strike

by Kaveri Gupta and Shelley Robinson
The Dalhousie Gazette

HALIFAX (CUP) — Dalhousie University professors hit the picket lines this week and no one knows how long they're staying out.

Despite a 24-hour marathon of last-minute negotiations, faculty and administration were unable to resolve their differences and the profs walked out March 25, the first day they were legally entitled to strike. They are joined on the picket lines by Dalhousie's professional librarians, who are also members of the faculty association.

In the face of the strike, the university has instituted a lock-out. Professors are not allowed to teach classes or use any university facilities. And while all classes at the university have been cancelled, the libraries remain open, as do student services including the computer centre, food service and the residences.

Michael Cross, chief negotiator for the faculty association, says while the strike may not be pleasant, it is probably necessary to spur fruitful negotiations.

"I'm not at all sure the board [of governors] believed [a strike] was going to happen," he said. "So now that they know we're serious I hope they'll come back to the table and we can have some really serious discussions."

The same day that members of the faculty association took to the picket lines, about 200 also took to the streets of Halifax to protest what they say are unfair contract proposals put forward by the university.

University spokesperson Michelle Gallant says the strike has

set back negotiations.

"It's unfortunate the faculty adjourned the meetings to go on strike. We were making progress," she said.

She adds that the administration is ready to go back to the table. "We are ready to meet at any time," she said.

The issues still on the table are increased salaries and replacement of departing faculty.

Dalhousie professors say their salaries lag behind those of faculty at comparably sized institutions and are concerned by the fact that over the last 10 years, the university has not filled 113 vacated faculty positions.

The administration's original offer of a 9.5 per cent salary hike and no guarantee to replace departing professors was rejected by a faculty membership vote.

The faculty association put forward two counter proposals. The first called for a 13 per cent salary increase and a guarantee that all departing faculty would be replaced. The second dropped the salary demand down to an increase of 11.8 per cent and asked for a guarantee that all faculty who leave through early retirement packages be replaced.

The administration rejected both. It says it has little money to spare and can't afford the requested salary increases and to guarantee that all vacated positions be replaced.

The faculty association, however, says it can't afford not to, as the reduced staff complement is hurting the quality of education at the university.

Resolution of the faculty replacement

issue is particularly pressing as 46 professors will be taking early retirement July 1.

Cross says the board's latest offer, which guarantees to not eliminate, but not necessarily fill, the vacant positions is a step — but a small one.

"I suppose it's a recognition that there is a problem," he said. "[But] it doesn't put any people in classrooms."

Gunter Muecke, an earth sciences professor, agrees.

Muecke is one of those early retirees. He says he is out on the picket line to prove a point, even though he personally won't benefit from a new settlement.

"I am walking because I see the programs in this university being threatened by the cutback in faculty," he said. "I am retiring 10 years before I have to [because]... I can no longer do for the students what I want to."

Talks were scheduled to resume March 26, will a provincial conciliator mediating discussions.

Though no one seems sure of where talks, or the strike, will go from here, Cross says something has to be done, and soon.

"There are only a couple of weeks left in the term and people are going to graduate, we have to do something fast," he said.

Students at Dalhousie have been bracing for a strike for weeks. Earlier this month, over 700 gathered in protest outside a building where the university's board of governors were meeting, demanding that the two sides come to an agreement. They also want to see a student at the negotiating table.

Don't You Know The Dewey Decimal System

by Dylan Callens
Contributor

Regrettably, I have forgotten. Since coming to university and being forced into the King Kong style of bookkeeping, otherwise known as the Library of Congress Cataloguing System, my mind has deteriorated and I am forced to think in terms of long-division. Sometimes, late at night, I scream at the horror of being in the library, searching for GH 17847364 GHD 1587. Plus, the book is located on the first floor, where the doors are usually locked and metal sheds are put up around the books. If you want to view one of these sacred works, first you must fill out an organ donor card, then pay a substantial fee, and based on your financial record, you may be allowed to view the book through a small peep-hole while a monkey turns the pages for you and two large men grab your arms.

You think I'm exaggerating? Ask the Amiable Librarian. He will tell you the same, and if he doesn't, well... I guess the library is trying to cover up their little operation. There is a great deal of profit to be made by gathering precious organs and selling them to the US at outrageous prices. How do you think the library can bring us stimulating books like, *The Omnibus of Fun*? I once found a copy of *Hustler* in the University of Sudbury library, it fell under philoso-

phy.

None of this would have happened, had the library used the Dewey Decimal system in the first place. Sure it may be a little juvenile but that doesn't mean it isn't good. Many books would probably fall under the same number, but at least the insanity would stop. Now it is too late.

It isn't so bad for me, I don't foresee too many more advances being made in the way of craziness, but what about those that will be coming to Laurentian in the near future? They will be involved in years of compounded insanity. By that time, I see an apocalyptic dementia forming, one where viewing a sacred work means being suspended in air while a monkey swings while the reader looks through the peep-hole. A doctor will stand by with his scalpel, ready to take those at any false move. Even the requirements for permission of a sneak peek will involve bribes, which will be named "fees".

The only way to avoid this from happening is to sign a petition. Petitions are available at the SGA office. Pick them up now.

PS - April is the month of peace, love and happiness. It's time to throw down our hatred towards things, or else Corporal Punishment will be on you. He doesn't care how much you like it, just that you are happy, loving and peaceful.

Next Week: *Either Super Fun Bingo or The Year End Stimulation Quiz*

Tales From the Right Your Opinion Counts! Have Your Say!

by Andrew Van Oosten
Columnist

The Laurentian University Progressive Conservative Association (L.U.P.C.A.) is committed to bringing Common Sense back to education and back to government. Only three years ago L.U.P.C.A. was 234 members strong but over the last few years those numbers have changed and this past year we have been in a restructuring phase with an entirely new membership and executive. Through the efforts of "Team Harris", the provincial government is back on track for the first time since the Davis-Miller year. Federally, Jean Charest's team ensured us enough public support to regain our status and to launch us into the twenty-first century as a party once again ready to lead this great nation of ours. My fellow Tories, it is time for us, the youth, to ensure the stability of our province and of our country, for we are "learning today to lead tomorrow."

L.U.P.C.A. has been a major

player in the annual Laurentian University Model Parliament (which was held at The House of Commons in Ottawa this year). Every year we are invited to the Mike Harris dinner, here in Sudbury. We are invited to attend not only the Provincial and Federal PC Youth Conferences, but we are also encouraged to attend the Progressive Conservative Party of Ontario and the Progressive Conservative Party of Canada's general meetings and conferences. Meet such people as Joe Clark, Mike Harris, caucus members and cabinet ministers, and various high profile public figures like Mike Duffey and many others.

Don't be fooled by the scare-mongering and untutored propaganda spread by those who wish to destroy the fabric of our society. The future of the Progressive Conservative Party, and of Canada is in your hands. Join today and make a difference!

happy round kim
says the darnedest things



Never punch a gift horse in the mouth.

CUP GRAPHIC: KEVIN MATTHEWS / THE MANITOBA / 1997

B.C. Treaty process to undergo tri-lateral review

by Norman Shields
News Editor

Canada, British Columbia and First Nations have agreed to terms for the review of the B.C. treaty process, in the light of the Supreme Court of Canada's decision in *Delgamuukw*, issued December 11 1997.

The Supreme Court of Canada confirmed that the Gitksan-Wet'suwet'en peoples have aboriginal title to about 58,000 square kilometres in the province, and ruled the trial judge from the British Columbia Supreme Court erred by not giving weight to the oral history evidence presented at trial, contrary to instructions set out by the Court.

The Supreme Court of Canada sent the case back to trial, but the province and the aboriginal parties were encouraged to seek a negotiated settlement before re-entering the Courts.

The review, announced March 13 1998, will examine "how the *Delgamuukw* decision affects the treaty process."

Said Grand Chief Edward John, a member of the First Nations Summit Task Force Group, "First

Nations in this province require certainty just as much as business and government. The historic *Delgamuukw* decision gives us a unique opportunity to resolve how aboriginal title and rights co-exist with the rights of others in British Columbia."

British Columbia Minister of Aboriginal Affairs, Dale Lovick, said "The B.C. government is committed to achieving land-use certainty and creating jobs. I am very pleased to be part of a process that will allow governments, First Nations, third parties and other groups with a stake in treaty negotiations to consider its implications in partnership."

According to the release, a "senior level committee" has already

been established to undertake the review of the next two months.

"Finding ways to expedite the reconciliation of the interests of Canada, British Columbia and First Nations is the top priority for all parties," says the release.

Traditionally, British Columbia has resisted the notion of aboriginal title, and as a result, most of the Charter of Rights and Freedom decisions regarding aboriginal title have come from the province. *Delgamuukw* is another such example.

The Gitksan-Wet'suwet'en have been engaged in a battle for title with the province since the 1960's, and were in Court with the case since May 1987.

Hampton Touring Ontario for Signatures

The NDP are redoubling their efforts to collect signatures of Ontarians opposed to Bill 160. At last count, they had collected nearly 1,000 signatures in Sudbury alone. Hampton will be in town April 6, 1998.

Vancouver police criticized for treatment of activists

by Alex Bustos
The Ubyssy

VANCOUVER (CUP) — A University of British Columbia student charged with one count of mischief has accused the Vancouver Police Department of waging a war against social activists.

Jesse Scott, a 19-year-old philosophy major, was arrested March 22 for allegedly scrawling a Royal Bank window with glass chalk during a rally in late January protesting student debt.

The arrest, which took place seven weeks after the January protest, was made at a Vancouver's Canadian military drill hall just prior to an anti-war rally.

Scott says he believes the real purpose of the arrest was to scare off the anti-war protestors.

"My arrest was an act of intimidation," he said, "It's scary when [the police] have information on you and can use it when they want.... It seems like a war on activ-

ists."

But according to Anne Drennan, spokesperson for the Vancouver Police Department, Scott's arrest was due to chance rather than an orchestrated police campaign.

On Jan. 28, Scott was one of 1,500 protesters in downtown Vancouver who participated in the National Day of Action against student debt.

"We had an officer videotaping the demo," Drennan said, "which is standard in these demonstrations."

The videotape, she says, captured several protestors perpetrating acts of "vandalism."

Seven weeks later, the officer who filmed the Day of Action protest spotted Scott

at the drill hall and, after recognizing him as one of the protestors on the videotape, arrested him.

When asked why Scott wasn't arrested earlier, Drennan re-

plied, "There was no opportunity. There were over 1,000 people [at the January rally]. The officer couldn't get a chance to arrest him."

This explanation doesn't satisfy Milton Smith, the lawyer representing Scott.

Smith says the police know full well the mischief charge will probably be thrown out of court. The purpose of the arrest, he continues, was not to win in court, but rather to scare off potential protestors.

"It's a way of subverting the justice system," he said. "[The police] use their powers to punish someone without going to trial for exercising their right to exercise freedom of speech."

Smith says he is also concerned with police filming protestors at rallies like the one last January.

It's incredible that our tax dollars are being used to survey groups engaged in perfectly legal activities," he said.

NEWS BRIEFS

by Sarah Viau
Asst News Editor

Laurentian University professor revives poetic logic

Dr. Paul Colilli, professor of Italian Studies at Laurentian University, studied the conflict between the poetic and the scientific mind in his recently published book, *The Idea of a Living Spirit: Poetic Logic as a Contemporary Theory*. This book was the result of many years of a continuing dialogue with European and American scholars. Symbolically influenced by the new millennium, Dr. Colilli hopes his book will assist more people in becoming aware of poetry as the most fundamental, basic form of expression.

The *Idea of a Living Spirit* also provides a timely response to the recent assaults on the humanities. "We must stop thinking in terms of two separate cultures, and realize the continuity between the two. We also must think in terms of reconciling rather than conflict."

Dr. Colilli was trained in literary studies, and is the author of four other scholarly books. He holds a Ph.D. in Italian Studies from the University of Toronto, and has been teaching at Laurentian for 15 years. His areas of research include: Renaissance and Modern-to-Contemporary Italian literature and thought; semiotics and cultural studies; and psychoanalysis and the Hermetic tradition.

York Senate Debates Students' Right to Protest

York University students called on York's Senate to protect their right to protest against the sky-rocketing tuition fees, on March 26. This debate was a result of the President's Office threatening expulsion of student activists and elected student leaders.

"Free speech is under attack," said Joel Harden, President of York's Graduate Student Association (GSA). "The elected leaders of our student union have taken a position in support of the York Action Coalition tuition protests, and the administration has responded by threatening to expel us."

COMMUNIQUÉ

La poésie et l'esprit scientifique

M. Paul Colilli, professeur d'études italiennes à l'Université Laurentienne, a publié récemment *The Idea of a Living Spirit: Poetic Logic as a Contemporary Theory*. Dans ce livre, l'auteur examine les liens entre l'esprit poétique et l'esprit scientifique.

Le livre de M. Colilli est le résultat d'un dialogue ininterrompu qu'il maintient depuis de nombreuses années avec des érudits européens et américains. Sensible au symbole du nouveau millénaire, M. Colilli souhaite que son livre élargisse le cercle de ceux qui voient dans la poésie une forme fondamentale et essentielle d'expression.

The Idea of a Living Spirit vient opportunément apporter une réponse aux attaques récemment subies par les humanités. <<Nous devons cesser de penser comme si deux cultures différentes coexistaient et nous rendre compte qu'elles sont en fait reliées. Nous devons chercher la réconciliation plutôt que le conflit,>> a dit M. Colilli.

Mr. Colilli a fait des études littéraires et est l'auteur de quatre autres oeuvres. Il détient un diplôme de doctorat en études italiennes décerné par l'Université de Toronto et est professeur à l'Université Laurentienne depuis 15 ans.

My Two Cents' Worth In the Name of Love

by Jane Djivré
Staff Writer

Spring is in the air. Birds chirping, buds emerging. The signs are everywhere. And for some reason, springtime is the season for love. Though this article was originally written for Valentine's day, it seems to fit in with the themes that spring seems to bring. One may question what the concept of relationships and love has to do with money management and savings strategies. Well, read on.

As I was pondering these things, one thought struck me: what qualifies a token as a true gift from the heart, as opposed to a guilt offering, or something with which to sway

another's feelings?

I suppose we could use cost as a criterion. Consider a gift of gold cradling a glittering gem. Quite something, *non*? Well, on the scales of human relationships, one quickly realizes that if he's more interested in what you're wearing than how you're doing, that glitter is eventually replaced by a dim glow. A very dim glow. My point is that somehow the excitement of receiving gifts in the name of love is somewhat tarnished by the reality of life.

Am I bitter? No. Burned? No. I know that gifts, regardless of size or expense, can be an awesome

tribute to a relationship built on a firm foundation. The magnitude of a gift is not necessarily a reflection of the magnitude of the heart.

So what's the point of this article? To encourage people not to spend exorbitant amounts on gifts for people they hardly know? Well, if they can't afford it, yes. To encourage people to cherish the small things in life and not be bought by the big and glamorous? Perhaps. Maybe most of all to understand that a true gift comes from the heart. And I think maybe that is the criterion that really determines its worth. And that's my two cents' worth.



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The Amiable Librarian

This column is based on questions or suggestions received by staff members of the Desmarais Library, either personally or on the "Compliments/Questions/Suggestions" form that may be filled out near the exit of the library.

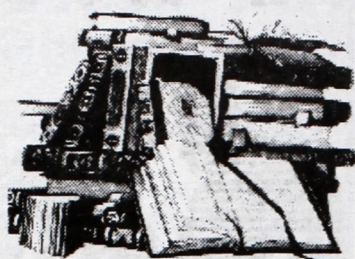
Massive Book Sale

Question: Is the library having another big book sale before the end of term? - Curious

Dear Curious: As a matter of fact, as you read this a massive book sale is going on in the Library Instruction Room. It will last until Friday at 5:00 p.m. and the Amiable assures you that great deals are to be had.

Stapler Needed

Question: Most of the photocopy-



ing that people do on the microfilm machines are of newspapers. This often means more than one copy coming from more than one newspaper. Could the library arrange to have a stapler placed near these machines so that students may keep their photocopies in order. Thank you. - Norm Shields

Dear Norm: Consider it done; the work order to make it happen has already been placed. Thank you for the suggestion.

Group Study Rooms

Question: Why do at least two people have to be in the library's study rooms, especially when sometimes, no one is using them. Occasionally, I would find it handy to have a room by myself to get a project done. Just curious - Julie

Dear Julie: The Group Study Rooms exist for people who are working on a team project and need to discuss their project. Thus, they are designed for meetings and not longer term research. It is true that sometimes, they are not always in use, but they are used often enough that if the library opened them up to individuals, it would then start receiving complaints that some folks got them whilst others did not. Fortunately, this year the library seems to be quieter than ever before and it would seem that most students don't seem to mind working in the general public areas.

Dear Students,

My name is Cindy Henriques and I'm a third year student at Laurentian University studying History and Native Studies. I am also involved in a program called the World University Service of Canada (WUSC). WUSC is an international organization aimed at improving living conditions in developing countries. WUSC only goes into areas where the community invites them and all projects are participated in by WUSC staff and volunteers, and members of the host community. At Laurentian we have just instituted one of the programs offered by WUSC.

The program is called the Refugee Sponsorship Program. This program involves fundraising at the local level so that a refugee student may be able to attend Laurentian.

Fortunately, with the help of many people at Laurentian, the program was a success, and in January we welcomed our first student!

The program for rehabilitation through education and Training (PRET) is another program offered by WUSC. PRET takes place in Sri Lanka and is aimed at training women to work in "non-traditional" female employment such as mechanic or truck driver. In many countries, much of the labor which women are involved in is unpaid. Therefore it is important to recognize the importance of women's work and broaden the spectrum of employment for women. PRET is aimed at women from low economic backgrounds. It operates with both the employer and potential employees to determine the

terms of employment and to train the women.

I have been selected as one of two students from Canada to travel to Sri Lanka this summer and participate in the project as a volunteer. I will learn basic project management skills and techniques. I will also be responsible for developing a research essay on Gender and Development (GAD). In order to participate I need to fundraise \$1500 to cover the cost of airfare. All donations are greatly appreciated and are tax deductible. If you cannot make a donation but have a suggestion for fundraising then please contact. If you require further information then please feel free to contact me at CHENRIQ@NICKE.LAURENTIAN.CA. Thank you
Cindy Henriques

Dear Ms. Logan:

I want to thank you for your letter regarding Dr. Wallace's position in the Department of History.

The University Budget Committee is currently in the process of reviewing all academic and staff positions that are not secured beyond

June 1998. This process is conducted according to the University's academic program priorities.

The University is faced with a budget shortfall this year of the order of \$2.6M and this will inevitably lead to some cuts in positions. Your concerns have been brought to the

attention of the Budget Committee, which is responsible for making decisions in these matters. The Budget Committee has just produced a draft budget which features different scenarios based on different levels of student tuition fee. Final decisions on positions will be taken in time to present a single budget proposal to the April 16, 1998 Senate meeting. At that time, it will be clear whether or not a position can be filled in History Department.

Thank you for showing and interest in this matter.

Yours Truly
Geoffrey Tesson
Acting President

Editor's Corner

I just wanted to thank all the student writers for their contribution to the April Fool's edition of the Lambda. This issue has proved to be our best issue this year. I especially wanted to thank Nick Stewart, the Assistant Entertainment

Editor, for all of his hard work, dedication, great ideas and contributions to the Lambda. I also want to wish Nick good luck next year in Winnipeg.

Sincerely,
Patty Sebele
Editor-in-Chief

Dear Lambda,

Danika was only 18 months old when it was determined she had a rare type brain tumour. It was removed at the Sick Kid's Hospital in Nov. '97. Since her surgery she has had very strong chemotherapy as well as MRIs once a month and a milder type of chemo treatment each week. Now, at 22 months old, she has become anemic, lost weight, lost all of her hair, and is being treated with morphine to help control her pain.

Danika's treatments have usually meant a stay-over in Toronto for at least two nights each time; a babysitter is required for Danika's 6 month old sister. These extra expenses as well as meals and the cost of gas to and from Iroquois Falls have taken a toll on her parent's financial situation.

Danika's last MRI showed the tumour has returned. A team of doctors are meeting to decide what their next approach will be. There is a great possibility they will have to operate again, but they are not sure she is strong enough to survive another operation.

Her mother, Laurie-Anne (Poitras) Monette is a Sudbury native and a graduate of Laurentian University ('92) with a BAED and a BED. She belonged to the AEF. She worked part time in the Dean of Social Sciences office in 1991 and 1992, replacing LUSU employees. She is the niece of a long-term Laurentian University employee and LUSU member, Joyce Poulin. Her father is Daniel Monette who is currently registered in Laurentian University's MSC grad program (physics) and belongs to the L.U. Grad Student Assn.

This request for your support / assistance was sent to you in particular, for a reason. Some of you know either Laurie-Anne or Daniel personally, to others they are "their students" (in their school, division, Association, course, etc.), or, just because they are both Laurentian University students. Whatever the reason, let's get together and discuss what we can do for this family. Let's canvass University-wide and establish a 'Danika's fund' to help this young couple and their two children.

Please help baby Danika. Forward cheques, payable to Danika's Trust Fund, to Helena Sheperd, at the Library Administration Office, in the J.N. Demarais Library.

Thanks,
Helena Sheperd
Co-ordinator, Danika's Fund

What's Next

These days many students are leaving University without knowing what lies in the future for them. Will I find a job? Where do I look? These are just examples of some of the worries that students will have to face today, before looking at tomorrow. Opportunities are all over as long as you know how to look for them. AIESEC Laurentian can help. AIESEC is a totally student run non-profit organization which spans across 87 countries in the world. They offer many tools to help make that future look a lot brighter. An education sure is great but add experience, social skills, management skills, cultural experience and so much more, and you'll be blinded by the light. I'm a member of this great organization, and I can't begin to explain how much I've gained in my time with AIESEC. If you really do want the best for your future this would be the organization I would suggest. If you want a little more information on who AIESEC is, and what they have to offer just give us a call at 673-5770, and we'll get back to you. Or you can join us for our annual Business Breakfast which will be held on April 8th at 7:30 am (that's right that's the morning) at the Ramada Inn. For ticket sale information call the number listed above.

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Write to us but remember...

All submissions become the property of Lambda Publications and will thus be subject to editing. Letters submitted must bear the author's full name and telephone number. Names will be withheld upon request. Letters must not be longer than 250 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist or for length.

Five Steps to a Bargain Stock

by Michael Marcon
Contributor

1. Annual sales over \$100 million
2. Stable or increased earnings per share
3. Moderate to low price earnings ratio
4. Long-term dividend pay our
5. Strong financial condition

-From Hume Publishing
Researching the Stock

1. Examine the business section of the paper to find two firms that you may be interested in.
2. Start looking for financial information for your prospective investment. Go to Laurentian University's Demarais Library, and look up The Financial Post Information Service booklets. These contain the company's annual reports. These booklets are important sources of information which will help you practice the calculations in your analysis.
3. Use the following check list. Here we use INCO as an example.
4. Once the analysis is complete, see if this affects your initial assessment. Has your stock pick been validated

in terms of this basic analysis?

On February 12, the Cigar Club was given a tour by Bob Wilson on the financial research tools available to research a stock at the Demarais Library. He showed us several powerful resources available to us at the library, such as: Value Line Investment Survey, updated weekly; Financial Post Survey of Industrials, listing 2500 publicly traded companies and their basic financials; Financial Post Yellow Card Service, giving a historical view of companies including financials; Financial Post Investment Reports, which is more current than yellow card service.

Moreover, Bob explained to us how to use the powerful research engine Lexus-Nexus while searching for up to the minute news on stocks and new articles relating to the financial industry. Thanks Bob! We would also like to thank Northern Communications for generously sponsoring the club with a pager. Further information can now be obtained by calling 669-3899.

Know Your Cigars

Laurentian University's one and only investment club, The Cigar Club, was recently invited to attend a cigar social held by Gino Cacciotti of L'il Habanas Smoke and Java. The group sampled and rated two fine cigars by the name of Astra and Leon Jimenes. Two of our members gave an overall rating of the quality of the cigars they smoked. James Sinclair smoked the Astra and gave it an 8.0. Tim Boston gave a rating of 9.0 to the cigar bade by Leon Jimenes. Both cigars were also rated by Cigar Aficionado on a scale of 1 - 100. The results are a measure of high quality cigars: Astral (Beso), from the Honduras, was ranked an 89, and described as a well-made cigar with a smooth, leathery quality, and flavours of coffee beans with a pleasant cedary finish; Leon Jimenes, from the Dominican Republic, was ranked an 83, being described as a cigar with a salty note, on an herbal character, with a touch of harshness on the palate and a light woody finish.

During our time with Gino, I had a chance to interview him on the subject of fine cigars.

Q. What is the number one thing one should look for in a fine cigar?
A. Quality. If a cigar is rolled properly, meaning good construction with good leaf, then you will have a good product.

Q. Can you determine quality if you have smoked only one quality cigar before?
A. Absolutely not. The more cigars smoked, the better you can give an all around rating.

Q. What is an important aspect to cigar construction?
A. Good quality hand rollers, who know what they are doing, although there are a few machine rolled cigars that are rated highly. The bottom line is quality control.

Q. Is there anything further an aspiring connoisseur should look out for when purchasing a fine cigar?
A. Aesthetic quality. Cigars should look and feel consistent to the touch.

Q. How important is the quality of tobacco in a fine cigar?
A. Tobacco quality is number one. Keep in mind that different plantations, or vegas, must still process and cure their tobacco properly.

Q. Does food consumption or time of day affect the taste of cigars?
A. Yes. Depending on what is consumed in terms of food or drink, cigars will taste differently. Time of day is a factor as well. Lighter cigars should be smoked in the morning, and darker ones in the evening. Never precede a stronger cigar with a milder one.

Q. Is the price of a cigar indicative of its quality?
A. No it is not. I have smoked some \$350 cigars that are comparatively mediocre at best. On the other hand, I have smoked \$1.79 cigars that have deeply darkened the pit of my soul just to put them out.

After being trained at the New Orleans School of Cooking, Gino's appreciation for fine wines, premium spirits and quality tobaccos led him to open his own cigar outlet known as L'il Habanas Smoke and Java.

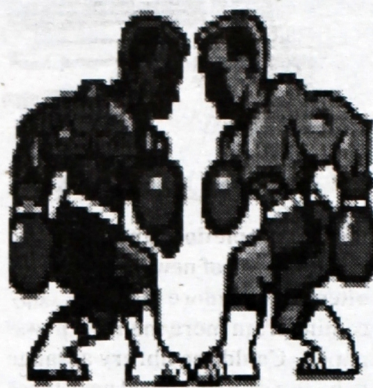
Get In The Ring

by Bryson McCarthy
Columnist

Okay, I am so pissed off this week you wouldn't believe it! If you have been watching the news this week, two children (11 and 13) in Arkansas decided to pull the fire alarm in their school and gun down the teachers and children as they exited the school. This has to be the sickest display of stupidity I have ever heard!

This story bothered me beyond belief, but then the stupidity of the family and the State that they are in sickens me to the core. First, the State. Under Arkansas law, the children cannot be prosecuted as adults and will walk free at age 18. These laws are supposed to protect children, but what about the hundreds of children that these little #\$\$%s tried to kill and the three lives that were taken so young? These laws are bullshit! These little MURDERERS are going to walk free and they probably knew it. The only chance of keeping them in jail for longer is if the prosecution decides to bring federal gun charges against them. Well, if that is the best they can do, they better do it.

Speaking of guns, the one murderer's grandfather was on the news saying that he did not feel bad about teaching his grandson to fire a gun. You backwoods piece of #\$\$%! Did you see the blood of the children on the ground and the beautiful little faces on the news that will never smile at their parents again? Your grandchild is still alive, but he MURDERED those children in cold blood!



Did you see the face of the child saved by the teacher who gave her life to shelter that child's life from the flurry of bullets your grandchild was firing? That woman is a hero, and is dead, partially because you taught your grandchild to shoot a gun! Maybe you should have tried to reinforce the fact that shooting someone was not acceptable, even in your stupid little trailer park world!

Now the kids are in jail, crying for their mothers saying they don't understand what is going on. Nice try! These kids know exactly what they did. According to the news, the murderers are saying that they didn't understand the consequences of what they did. Sure! You shoot a gun at someone and they usually are either wounded or killed. Simple. These murderers planned this from the start. One kid skipped school and waited outside. The other asked to go to the bathroom, pulled the fire alarm and ran outside to start shooting. Sure... they didn't know what they were doing about as much as I don't know my

own mother's name. This was pre-meditated murder and they are going to get a slap on the wrist. I hope the guards treat them like any other murderer in jail. I don't give a #\$\$% if they are only 11 and 13. If they were my kids I would want them locked up right away.

And what the #\$\$% is with this @#\$\$ that children don't know what they are doing and that outside influences give them evil thoughts? I played with GI Joes and wrestlers every day when I was their age and I loved action and horror movies. I didn't mow down my 7th grade class with a rifle! These kids know right from wrong and they need to be punished!

The challenge this week is for all of you to sit back and think about the lives of these murdered children and the hero teacher who gave her life to save another child. No one knows what impact this child will have on the world, but this teacher felt that she had to save her... just because. Also think about Renée Sweeney and the murdered man from Big Thunder about a month back. All these lives were taken way too early and as a society, we should be able to do something about it. We need to stop this before it starts. We need tougher laws and no chance for a murderer to get out, even if they are just kids. And, oh yeah... put those little criminal bastards in my ring for a few moments and I will teach them a lesson that they will never forget and give them a reason to cry for mommy!!!

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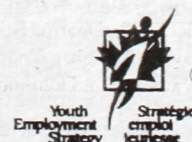
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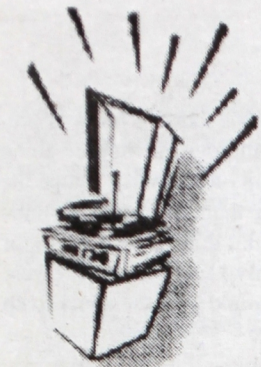
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LEND ME AN EAR

REVIEWS BY MAT THOMPSON, ENTERTAINMENT EDITOR.



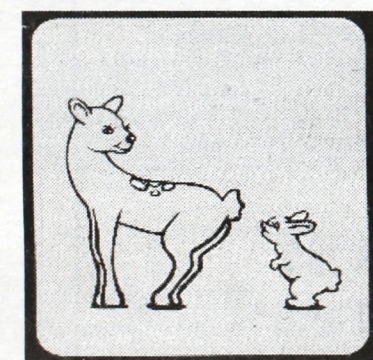
Semisonic - Feeling Strangely Fine

"A lot of rock music these days has a certain assembly line mentality. What we wanted to do is subvert that in any way we could." lead singer, guitarist and songwriter Dan Wilson tells in the bands bio. *Feeling Strangely Fine* is the sophomore release from the Minneapolis-based trio Semisonic.

Feeling Strangely Fine is a very interesting modern rock album with the feel of (once again) a great night at the bar. The album is described as "the loudest (and loveliest) come-on record in history". It's true. Just listening to the album you can picture yourself in a half-empty bar near closing time, listening to a live band finishing up their set in the background while staring at someone attractive across the room that keeps returning your glances.

The whole album has a great feel to it. It is kind of reminiscent of Ben Folds Five and Greenhorn. The CD contains 12 tracks that in no way assault your senses with un-needed noise. This is just great music that you can relax to, but still have a good time.

Feeling Strangely Fine by Semisonic is available now and is worth checking out. "The band wanted this album to be an intimate message from the singer to the listener," says Wilson. Well, if that was their goal, they achieved it, and then some!



Bran Van 3000 - Glee (Remixed US Version)

Almost a year ago Bran Van 3000's debut album *Glee* hit the Canadian airwaves and a tidal wave of popularity has followed. Bran Van 3000, in less than a year has received

awards, nominations, a spot on *Big Shiny Tunes 2* and more airplay than a brand new band could wish for.

Now, one year after *Glee* was released, Bran Van 3000 has gone back to the studio to cut four more tracks, re-mix a few other tracks and release the album in the US. If you haven't heard of Bran Van 3000... where have you been? Their first single *Drinking in LA* shot up the charts and was beat to death at many clubs and bars. They followed that up with *Couch Surfer* (single reviewed earlier this year). Since the US gets a brand new repackaged, remixed, remastered *Glee*, so does Canada (so the old album will be a collectors item!).

This newest form of *Glee* contains 19 tracks of complete and utter strange music. Their sound is so hard to pin down since every track is different from the other. Bran Van 3000 has basically taken the music we know and twisted it to the extreme. Their sound contains everything but the kitchen sink. There is no way a person could listen to this album and say they aren't original.

The album also includes their latest single *Everywhere*, a more mainstream dance/Jewel track that should still get the clubs dancing. All the tracks are great, but the 11th song has to be the strangest and coolest. Bran Van 3000 actually remade the Quiet Riot hit *Cum On Feel the Noise!* You just have to hear this song, it is hilarious. It can't even be compared to the original as it is has become a club-hopping, alterna groove song.

If you didn't get the first version of *Glee*, I recommend picking the remastered version up now. No matter what your style of music is, you will love Bran Van 3000!



Ska Trax - The New Generation

It's funny when you hear music reviewers saying things like 'Ska is going to be the next big thing in music' or 'Ska is the newest sound out there'. Hello!!! Ska has been around forever and with the latest Ska stars on the rise, Ska is in its 3rd wave. Ska has been around for forty years and fuses Jamaican mento rhythm with American R&B. In the late 60's Ska gave birth to reggae and was drive to incredible heights by Bob Marley. Ska's first revival was in England in 1979 with groups like The Specials and the (English) Beat. Ska was introduced into Canada and the US and started an underground movement. All of a sudden mainstream acts started emerging and Ska started attacking the charts with bands

like (DIE!) No Doubt (DIE!), The Mighty Mighty Bosstones, and Sublime. Enough of the history lesson, on to the album.

If you are into Ska, this is the album for you! Reel Big Fish, Mighty Mighty Bosstones, No Doubt (DIE!!!), Sublime, and Goldfinger are just some of the acts featured. This album is a who's who of Ska. If you are a beginner in the world of Ska, get this album and use it as a teaching guide. Soon you will be loving bands like Buck-O-Nine, Dance Hall Crashers, Skaface, Blink 182, 311, Fishbone, Pigbag and many other featured on the album.

What can I say that could make this album any more appealing? Just look at the line up. The album speaks for itself. It is almost a perfect album (if not for No Doubt). Ska Trax, *The Next Generation* is the Ska album of the year. Get it now!



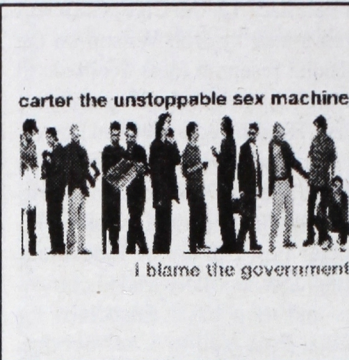
The Hunger - Cinematic Superthug

In the world of electronic music, not all bands are wired the same. The Hunger is an out and out industrial rock band that over time has melded into the fully programmed electronic industrial noise group on Cinematic Superthug.

The Houston-based Hunger exploded onto the charts in 1996 with their Universal Records debut *Devil Thumbs a Ride*. The Hunger toured intensively to promote the album and now have returned with *Cinematic Superthug*. The Hunger's sound is very much like that of Ministry and they hold the power and drive of such bands as Metallica, Alice in Chains and Dropkick Me Jesus.

Cinematic Superthug is the bands 4th album (two indie and two on Universal). Although they may not be a household name yet, The Hunger has toured with such bands as Sponge, Everclear, The Toadies and even opened for rock and roll legends KISS. Impressed yet? I am!

The album contains 13 tracks of hard hitting, guitar driving tunes that any industrial fan will immediately latch on to. The Hunger's *Cinematic Superthug* is available now. Hard rock, great tunes and cool as hell lyrics... what else could you ask for?



Carter USM - I Blame the Government

The bands full name is Carter The Unstoppable Sex Machine, but I wanted to leave room for the review. *I Blame The Government* is the final album by the much loved, London-based, poet-punksters Carter USM.

Existing in various incarnations since '87, Carter USM's core members Jim Bob and Fruitbat scored indie chart success. In 1990 they debuted their first long-player *101 Damnations*, '91 saw the group hit the mainstream charts with the release of *30 Something* and in 1992 *The Love Album* went straight to Number One on the UK pop charts.

With *I Blame The Government*, the band marks the end of their run with a very political yet entertaining album. *The Man Who Bought the World* and *I Blame the Government* bring the bands politics right up front, while *Sunshine* and *Growing Old Gracefully* stand as fitting finales from a group old enough to know better, but really didn't care.

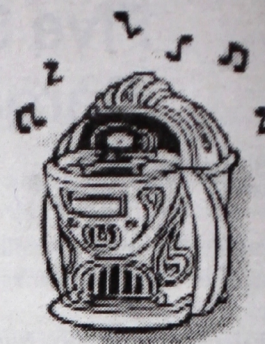
I Blame the Government is available on True North Records now. If you like brit-pop with a little nostalgia, you may like this album.



Pure Feverish

Where are these guys from and what they have done in the past? Can't tell ya since the record company didn't send a bio at all about these guys. What they sound like and how good the album is all they have going for them. Good thing the album is actually good.

Kind of a Nine Inch Nails meets I Mother Earth mix, *Pure Feverish* is a modern rock band that hits hard. With songs like *The Elvis Hooker*, *Sunshine* and *Happy Hour*, *Four Cups of Jo* and *March of the Loonies* you can just tell that the album is going to be an experience in itself. Some songs like *Feverish* and *Swinger* have an other-worldly sound to them that makes you feel like you are floating through a strange but



cool little trip.

Not much I can say without the bio except that *Pure Feverish* is available now and if you get a chance, check it out. It's a pretty good album.

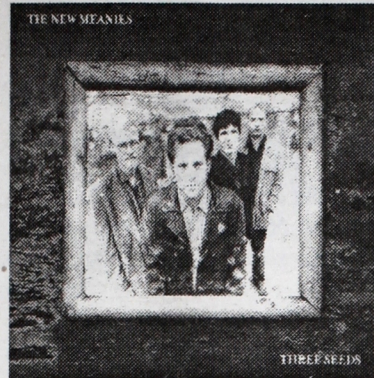
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by Mat Thompson
Entertainment Editor

Live On Stage.... The New Meanies

lead singer was trying way too hard and their drummer seemed to be the only vocal talent on the stage. But all that aside, **The New Meanies** made it a night the fans won't forget.

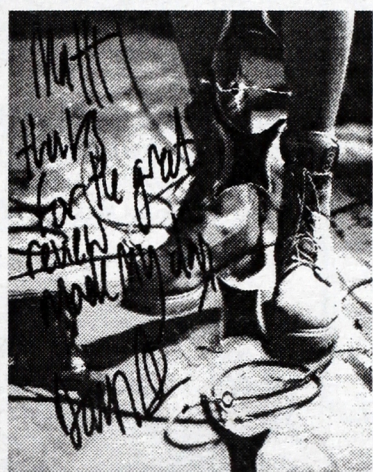
The Townhouse was packed as they hit the stage and no one left until they were completely done. Just the musical talent of these guys is amazing, and when you add in the vocals, they are beyond great! The band played all their hits from *Three Seeds* including *Three Seeds*, *I'm On Fire*, *Meatrack* and others, but the crowd went nuts when they played their radio hit *Letting Time Pass*. The crowd danced and moved and sang along.

The highlight of the night was the instrumentals they played. A band can hold anyone's attention with a song, but to have instrumentals that are as good, or even more intense than their songs is fantastic. The instrumentals were pure blues-oriented, but they still rocked the hell out of the place.

The last time **The New Meanies** were here was for the Northern Lights Festival, but I am betting they will be hitting bigger and bigger venues. You can't keep a band like this down. They are going to hit it big... SOON! If you missed their intimate

little show at *The Townhouse*, you missed a great time. Hopefully they will be back soon, and hopefully more and more people catch on to this rising band from Winnipeg!

"Your pristine image / Burns into my mind / Like embers in a dying fire / The after-image I find." This verse from *Letting Time Pass* explains the band perfectly. No matter when or where you hear **Damon Mitchell** (vocals, guitar, harmonica), **Sky Onosson** (basses, keyboards), **Jeff Hondubura** (guitars), **Jason Kane** (drums), you will always remember them. **The New Meanies** will be burned into your mind forever!



Sick Joke... Sick Joke... Sick Joke

Johnny was walking down the hallway to his room one night and noticed his parents bed and sheets were bouncing up and down.

"What are you doing?" he asked.

"Playing cards!" his father answered.

"Who's your partner?"

"Your mother. Now go to bed!" his father told him.

On the way past his sisters room, he noticed her bed and sheets were bouncing up and down too.

"What are you doing?" he asked.

"Playing cards with my boyfriend." she answered "Go to bed!"

About an hour later Johnny father got up to go to the bathroom and walked by Johnny's room. He noticed Johnny's bed and sheets were bouncing up and down.

"What are you doing Johnny?" he asked.

"I'm playing cards." Johnny responded.

"Who's your partner?" his father asked very confused.

"Dad, you don't need a partner when you have a good hand!"



Econoline Crush and The Tea Party... Live!

live, but still great all the same. For a pretty new band, these guys put on a show like pros. I know there are a lot of Tea Party fans out there right now, but I have to say that **Econoline Crush** put on a way better show.

After a break, **The Tea Party** hit the stage and the crowd went wild again. I'll give **The Tea Party** their due... they are a great band, but I think I may have seen them way too many times already. They used to play Sarnia all the time and I have seen them at least 5-6 times. In my opinion, those shows were far superior. The Great Hall show seemed like one big long song that never ended. I don't know if anyone else noticed this, but every Tea Party song that night sounded the same.

The acoustical melody that

the lead singer played in the middle of the concert was cool. I would have loved to have heard the word but some drunk *bitch* was yelling and complaining all the way through the song about how she had spilled her drink all down the front of her. Then she decided to dance and spill and fall all over everyone around her. The song was wrecked, but hey, at least that little alcoholic had her fun!

All in all, the night was a success. Sold out weeks in advance, great music, and a kick ass party. I remember someone writing to Lambda a few months back complaining about the crappy concerts. I have no idea what school this guy was attending, but the SGA this year proved that they can still throw a party! And by the way, the Sloan, 54-40, Holy McNarland concert was an April Fools joke, so if you tried to get tickets... Got Ya!



by Mat Thompson
Entertainment Editor

You didn't get tickets? Well, that sucks! But for anyone who picked up their tickets within the two and a half days that they were on sale, they saw a concert they won't soon forget! **Econoline Crush and The Tea Party**. What better university concert could there be?

The Great Hall was packed with lucky fans who wanted a glimpse of these two great Canadian bands. The line up to get in was a little long as Ids were shown and many turned away until they could show proof of age. But once you got in, the electricity was tremendous!

Econoline Crush hit the stage as the opening act, but were just as good, if not better than the main attraction. If you missed my CD review of *The Devil You Know* last week, I'll re-state the obvious... I love this band! The band's enthusiasm was immense as they rocked the hell out of the Great Hall with songs like *Surefire*, *The Devil You Know* and *Elegant*. The crowd danced and bounced and one brave bodysurfer (in an orange shirt) showed the band that they weren't just a quick opening act.

All That You Are and *Sparkle and Shine* sent fans into a frenzy. Both songs seemed a little different

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3 men went to a motel. The man behind the desk said to them that the room is \$30, so each man put up \$10 and went to the room. A little while later, the man behind the desk realized the room was only \$25, so he sent the bellhop back to the three guys' room with \$5. On the way to the room the bellhop couldn't figure out how to split the \$5 evenly between the 3 men, so he gave them each \$1 and kept the other \$2 for himself.

This meant that the 3 men paid \$9 each for the room at a total of \$27. Add the \$2 the bellhop kept and you get only \$29.

WHERE'S THE OTHER DOLLAR????

Sick Joke of the Week

After having their 13th child, a redneck couple decided that that was enough. They could not afford a larger trailer so the couple went to the doctor/vet and told him that he and his wife/cousin/sister didn't want anymore children. The doctor told him that there was a procedure called a vasectomy that could fix the problem. The doctor instructed him to go home, get a cherry bomb, light it, put it into a beer can, then hold it up to his ear and count to ten.

"I may not be the most learned man around these hills," the redneck said, "but I don't see how that is going to work." So, the couple drove to get a second opinion.

The second doctor was just about to tell them about the medical procedure for the vasectomy when he realized how truly backwards these people were. Laughing to himself, the doctor told him that the first doctor was correct in telling him to light a cherry bomb, put it in a beer can and hold it up to his ear while he counted to ten.

Figuring that both doctors must have made it well past the 4th grade, they couldn't be wrong. The man went home, lit the cherry bomb and put it in a beer can. He held it up to his ear and began to count.

"1...2...3...4...5....", and at this point he paused, placed the beer can between his legs and resumed counting on his other hand.

Scraping Roadkill Off the Information Superhighway

by Nick Stewart
Staff Writer

The South Park Sound Archive: <http://www.beef-cake.com/archive/>

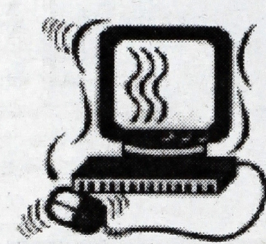
I don't care if you hate this show or not (unless of course your reaction to this statement is to stop reading my articles and urging all your friends to do the same, leaving me as the only person who reads them, languishing in my world of delusion...Okay, I guess I DO care), but I'm mentioning this site anyways...I LOVE South Park. I know, I've already mentioned a sound archive in a previous article, but this site is by far the best that I've been able to find. It has a couple of different pages that you can go to, but the one that you want to pop into is the Episode one. It includes a list of the episodes, and if you click on an episode name, you're presented another huge list of .wavs from that episode. You can download TONS of South Park sounds, including the theme song, and classics such as the four-assed monkey, and my favorite, "Kyle's Mom is a Stupid Bitch, In D Minor". If you have a favorite South Park saying, chances are it's in here somewhere ("Remember, there are no stupid questions, just stupid people").

The Amish Homepage: <http://www.oc.edu/pages/brian.westmoreland/amish.htm>

A pretty funny page in its own right, this place is what an Amish website would be if the Amish used computers. Okay, so it's only a spoof ("No kidding, I thought it was real, Nick..."), but it's still pretty good. It includes Amish recipes, Amish spring break activities and even an Amish Electrical Appliance Evilness Ranking Chart. What's that you say? The Amish aren't supposed to use computers? Don't worry, the site is powered by fire.

Mystical Smoking Head of Bob: <http://www.resort.com/~banshee/Misc/8ball/index.html>

It's reaaaal simple. You just type in your 'yes-or-no' question in the little text box underneath the 3-eyed Mystical Smoking Head of Bob, and press the 'Ask Bob' button, and you'll receive you're answer. Okay, you're right, it IS basically just an internet version of the Magic 8-Ball. But it's a twisted internet version of the Magic 8-Ball, so I like it.



The Nonsense Storybook: <http://www.toptown.com/hp/archives/nonsense/>

Have you ever found yourself just doofing around on the web, just trying to kill time, and you suddenly got the urge to learn how to cross-breed a poodle with a syphillitic pigeon? Well, too bad, you freak. This site has absolutely nothing with cross-breeding. It's actually a site where you can find a collection of completely nonsensical (hence the site name...duh) and kinda insane short stories. They're kinda fun to read, and a great way to waste time while your therapist is trying to figure out how to get you off this sick obsession with animal sexuality.

Off The Top Rope

I Love WWF... But!!!

by Mat Thompson
Entertainment Editor

Okay, I have been a WWF ever since I saw Macho Man knock out Burrito Santana for the IC Championship on Superstars. I watched NWA, AWA, GLOW and POW but the WWF was always The Big Time. You couldn't get any bigger than the WWF. In the early 1990's, WCW started creeping into my schedule, but even though they had Sting and Luger, they just weren't a contender. But now as the tide turns, I have to re-think the WWF as The Big Time.

Everyone in the world who thinks back on their favorite match or matches of all time, thinks about the WWF. Hell, my top three matches are Don Muraco vs. Jimmy Snuka in a steel cage, Ricky Steamboat vs. Macho Man at *Wrestlemania III*, and the best ever was Macho Man vs. Bret Hart on *Saturday Night's Main Event*. In my mind, no match will ever stand up to the caliber of these three matches... that was until I watched Nitro last week. Raw has become very repetitive and Nitro and Thunder are starting to be the better shows. Hell, I am actually skipping *Wrestlemania XIV* right now to work on school and paper work.

WWF used to put on shows



that couldn't be beat. The main events were spectacular and the undercard matches were always interesting, but now I am almost wishing for the days of Wrestling Challenge and Superstars with only one big match to look forward to. Watching wrestling every week now is just like watching a repeat tape over and over... but then came that Nitro.

If you don't know the Nitro I am talking about, it was the March 23rd show that was as good or better than a pay-per-view. Usually television programs will make the third or second class card matches fight and the main events are saved for PPV. But this night it was all Main Events. Booker T vs. Chris Benoit, Bulldog vs. Curt Hennig, Macho Man vs. Piper, Nash and Hogan vs. The Giant and the match of matches... Sting vs. DDP. Could you ask for a better line-up? I know I make fun of most of these wrestlers saying they

wrestle guys that are actually his caliber. Saturn, Goldberg, Benoit, Scott Steiner are all perfect matchups for his talent. The Goldberg/Booker T match would be amazing, but I think Booker deserves a shot at Sting. Sting keeps defending against such old wrestlers that the best of the new never get a chance. But the way WCW is going now, I think more of these great matches are coming up. WWF will always be The Big Time... but WCW is gaining fast and furious and soon will probably take over for a long time to come!

Note: According to WCW magazine, Jimmy Hart is going to unveil a new Hart Foundation with Bret, Anvil, Bulldog and Rick Martel. Anvil and Bulldog are married to Ellie and Diana Hart, but from what I hear, Curt Hennig is married to the third Hart sister. Trouble for the nWo, or is it time to split the family again?

Things To Ponder

1. Why do banks charge you a non-sufficient funds fee on money they already know you don't have?
2. Why do you press harder on the remote control when you know the battery is dead?
3. Since light travels faster than sound, isn't that why some people appear bright until you hear them speak?
4. If it's zero degrees outside today and it is supposed to be twice as cold tomorrow, how cold is it going to be?
5. Isn't Disney World just a big people trap operated by a mouse?
6. Why are they called buildings when they are already finished? Shouldn't they be called built's?
7. Why is the alphabet in that order?
8. If the universe is everything, and scientists say it is expanding, what is it expanding into?
9. If you got into a taxi and the driver started driving backward, would the taxi driver end up owing you money?
10. Why is a carrot more orange than an orange?
11. Why are there 5 syllables in the word "monosyllabic"?
12. Why do scientist call it research when looking for something new?
13. If vegetarians eat vegetables, what do humanitarians eat?
14. When I erase a word with a pencil, where does it go?
15. Why is it when a door is open it's ajar, but when a jar is open, it's not a door?
16. Why do people put suits in a garment bag and put garments in a suitcase?
17. If a Smurf is three-apples high, how do they live in two story mushrooms?
18. Why does a girl wearing Guess jeans get mad when you go up to her and ask "I don't know... 142lbs?"
19. If a tree falls in the forest and no one is around to hear it, why do you care?



Dear Dharma



Sorry I missed the last issue, but I was still recovering from the rush of being in *The Ring*! Thank you to everyone for their support and letters of encouragement after my *Ring* was printed. The main question everyone has been asking is if I will write more opinion articles. Well, I may next year, and even though Bryson comes off so tough, he told me I am welcome in his ring anytime! There are so many people out there that need my help right now, so I will just stick to the advice racket right now!

Dharma Brody

Dear Dharma: I went out with this guy a few times and everything went great. We still talk all the time and go out occasionally, but his friends keep telling me that he is just trying to be nice. I confronted him and he said that he never told his friends that. He says he likes me, but his friends say otherwise. What should I do to get the truth?

Confused

Dear Confused: This guy seems to want his cake and eat it too. He wants you around, but he also has to put up the tough front for his friends. I say ignore him. If what his friends are saying is true, then he won't come back. If he does start calling to see where you have been, then his friends and him are just playing macho. Most guys are so afraid of relationships that they will tell their friends anything as not to look whipped. Don't worry about it, I'm sure he is just trying to reinforce his manhood. If you have to, tell his friend that he only hangs around them because they are so dumb and he feels sorry for them. That will teach them a lesson fast!

Dear Dharma: My girlfriend is the worst. I am very much into bodybuilding and eating nutritionally. My girlfriend used to work out like a maniac and eat what I did, but in the last 4-6 months she has changed. She hates working out and has gained a few pounds. She hates to eat vegetables of any kind and only eats chocolate and fried food. I love her, but I can't stand what she is turning into. Is there anything I can do to get her back on the road to healthy eating and exercise?

Buff

Dear Buff: You are a pig. How can you sit there and say that you love her and then cut her down for not being like you. You obviously only liked her for certain reasons, and when those reasons gained a few pound, you lost interest. Don't be a jackass. She will work out when she wants and eat what she wants and you can't do anything about it. You don't own her, so you can't tell her hoe to look and act. Maybe if you look in the mirror you will see a few flaws that need to be fixed on you before you go trying to fix your girlfriend! Once again.... *MEN!!!*

Dear Dharma: My boyfriend is an idiot! After three years of going out, he still thinks it is better to just stand me up than tell me he is going out with the boys. I will call him and ask him if he wants to do something and he will say, "Yeah, I'll be over later," but he never shows up. He will call the next day pretending nothing happened and if I ask him what happened, he will just say the guys wanted to do something and he couldn't get out of it? Should I even waste me time?

Loner

Dear Loner: After three years you must have found something to keep you there or else you would have bolted years ago. I don't know what to tell you except that your guy is very insensitive and thoughtless, but you already know that. Maybe you should get him a pager or a cell phone so he can call you when he decides to go out with the guys. Don't make it look like you want him to check in or call you for permission, just tell him that it is so he can call you and his friends easier. Of course if he doesn't show up for a date, you can page or call him and ask him what the hell he is doing. If you have been with him for this long, you must love him regardless, but maybe talk to him about it, then stand him up a few times to go out with the girls, just for fun!

Coming Soon...

The Newton Boys - This movie is the true story of America's most successful bank robbers. From 1919 to 1924 they robbed over eighty bands from Texas to Canada, capping their career with America's largest train robbery, a three million dollar mail train heist outside Chicago. From a poor upbringing as cowboys and cotton farmers the brothers brought their frontier-born "code of the west" into the roaring twenties, considering themselves "businessmen". True to their aims, they never killed anyone in spite of the mayhem they caused, stealing "more money than Jesse James, Butch, Sundance, Bonnie and Clyde and the Dalton Brothers put together." The film stars **Matthew McConaughey, Ethan Hawke, Vincent D'Onofrio, Skeet Ulrich** and **Julianna Margulies**.



The Object of My Affection - **Paul Rudd** (Clueless) is at a dinner party and learns from a total stranger (**Jennifer Aniston**) that he is about to be dumped. So when his handsome boyfriend admits that it's over, he moves into the vacant room in Jennifer's apartment. They become best of friends. Jennifer's boyfriend is upset about he friendship and becomes even more disturbed when he finds out she is pregnant and wants to raise the baby with her gay roommate instead of him. The film also stars **Tim Daly, Nigel Hawthorne** and **Alan Alda**.

Hope Floats - Heartbroken and totally humiliated when her husband leaves her, **Sandra Bullock** packs up her young daughter and moves back in with her eccentric mother in Smithville, Texas. The one-time highschool beauty queen's life is turned upside-down as she tries to deal with the emotional turmoil that she and her daughter find themselves in. And Bullocks growing affection for her childhood friend (**Harry Connick Jr.**), who, she discovers, has carried a torch for her ever since highschool, is another confusing and unwelcome complication. The movie also stars **Gena Rowlands, Mae Whitman** and **Michael Pare**.



Major League 3 - I can't stop laughing. I can't believe they even made this movie. **Sheen** dropped out and **Scott Bakula** joined the team! (This is not a joke!)

ONE ISSUE TO GO!!! Last Issue... April 16th!

Family Feud Answers to Shake Your Head At!

The following list is a compilation of some of the stupidest answers ever given on Family Feud. I know the pressure can get to you... but this is ridiculous!!!

Name something a blind person might use	- A sword
Name a song with moon in the title	- Blue Suede Moon
Name a famous Brother and Sister	- Bonnie and Clyde
Name a dangerous race	- The Arabs
Name an item of clothing worn by the Three Musketeers	- A Horse
Name something that float in the bath	- Water
Name something you wear on the beach	- A deckchair
Name something red	- My Cardigan
Name a famous cowboy	- Buck Rogers
A number you have to memorize	- 7
Something you do before going to bed	- Sleep
Something you put on walls	- A roof
Something in the garden that's green	- Shed
Something that flies, but doesn't have an engine	- a bicycle with wings
Something you might be allergic to	- Skiing
Name a famous bridge	- The bridge over troubled waters
Something a cat does	- goes to the bathroom
Something you do in the bathroom	- Decorate
Name an animal you might see at the zoo	- a dog
Something associated with the police	- Pigs
A sign of the zodiac	- April
A food that can be brown or white	- Potato
A non-living object with legs	- a plant
A domestic animal	- Leopard
A part of the body that begins with "N"	- Knee

Top Five Signs It's Too Cold!

1. Only people named "Ed" and "Bob" have time to write their name in the snow!
2. The steam off your head created a war between two Indian villages.
3. The rock rattling around in your shoe is actually your toe.
4. Inmates are begging for the electric chair.
5. Cat's face stuck in the birdbath.

The Arena

by Nick Stewart
Staff Writer

Well, the results from the Gringrich - Sting fight are in. Gringrich managed somehow to climb onto his small water buffalo immediately after the fight started, giving Sting time to prepare his pointy #2 pencil. Newt charged at Sting, brutally tossing Michael Bolton CDs at his head. Sting dodged the Flying CDs of Death, and emptied his sack of month old peas on the floor. He then tried to take a swipe at Newt with his pencil, and promptly slipped on the hardened peas and fell. As he was falling, he accidentally dug his #2 pencil into the small water buffalo's ribcage. The rest of the fight would probably have been really interesting, what with Gringrich being armed with a small water buffalo. Unfortunately for both Newt and Sting, the small water buffalo had a small thermonuclear device implanted in its ribcage by strange and mysterious forces. Mere nanoseconds after being struck by the pencil, the thermonuclear device exploded in an extremely violent and really colorful mushroom cloud, melting all the flesh off Gringrich and Sting's bodies. Sting has shifted to the past tense and wishes to be referred to as Stung.

The Final Main Event:

Mat Thompson, Entertainment Editor, armed with two boxes of Kraft Dinner, an eight inch Andre the Giant plastic wrestling figurine and two 3-day old Boston Creme donuts.
VS.

Nick Stewart, Assistant Entertainment Editor, armed with a can of Spam, three kinda old chocolate chip muffins, a Sexually Frustrated Lobster Men From Mars newsletter and a short, fat, naked Tibetan man.

AND THE WINNER IS...

YOUR LAMBDA HOROSCOPE

BY AURORA B. ALLIES
PSYCHIC ADVISOR

HERE IS YOUR PERSONAL HOROSCOPE FOR THE REST OF THE SCHOOL YEAR:

AQUARIUS (JAN. 23 - FEB. 22)

You have an inventive mind and are inclined to be progressive. You lie a great deal. You make the same mistakes repeatedly because you never pay attention. Most people find Aquarians jerks!

PISCES (FEB. 23 - MAR. 22)

You are the pioneer type and think most people are retarded. You are quick to reprimand, impatient and full of un-needed advice. You do nothing but piss people off whenever you are around. Most Pisces become cops.

ARIES (MAR. 23 - APR. 22)

You have a wild imagination and often think you are being followed by the FBI or CIA. You have no influence on your friends and people find you generally scary. You lack confidence and are awaiting the arrival of a ship from the planet Moronia to take you to another life!

TAURUS (APR. 23 - MAY 22)

You are practical and persistent. You have a dogged determination and work like hell. Most people think you are stubborn and bull-headed. Basically, you're a communist!

GEMINI (MAY 23 - JUNE 22)

You are a quick and intelligent thinker. People like you because you are a closet bi-sexual. You are inclined to expect too much for too little. Essentially you are a cheap bastard!

CANCER (JUNE 23 - JULY 22)

You are sympathetic and understanding to other people's problems, which makes you a sucker. You always put things off. On average, more convicts are Cancers than anything else.

LEO (JULY 23 - AUG. 22)

You consider yourself a born leader. Others think you are an idiot! Most Leos are vain and cannot tolerate criticism. Your arrogance is disgusting. Leo people are more interested in themselves and cannot stand help from another person.

VIRGO (AUG. 23 - SEPT. 22)

You are the logical type and hate disorder. Your shit-picking attitude is sickening to your friends and co-workers. You are cold and un-emotional. Most Virgos make good bus drivers or social workers.

LIBRA (SEPT. 23 - OCT. 22)

You are the artistic type and have a difficult time dealing with reality. Chances of employment and monetary gain are nill. Most Libras end up in a straight jacket.

SCORPIO (OCT. 23 - NOV. 22)

You are the worst of the lot! You are shrewd in business and cannot be trusted. You shall achieve the pinnacle of success because of your total lack of ethics. You are the perfect son-of-a-bitch and most Scorpions are murdered.

SAGITTARIUS

(NOV. 23 - DEC. 22)

You are optimistic and enthusiastic. You have a reckless tendency to rely on your luck since you have no talent. The majority of Sagittarians have vodka and rum for breakfast.

CAPRICORN (DEC. 23 - JAN. 22)

You are conservative and afraid of taking risks. You are basically a chicken. There has never been a Capricorn of any importance, so you are out of luck this life!



Warning - The following story, though based on a true story contains altered or questionable facts and statements. Names and places have been changed to protect the innocent... if there is any!

This is a Neverending Story of a 9 to 5 Working Girl, and The American President. The latter of whom offered the former an Indecent Proposal. Just call it an Executive Decision between Beauty and The Beast.

It seems this Top Gun was Addicted to Love, especially that of a Youngblood. He had a Basic Instinct for a Fatal Attraction with this Pretty Woman. He like to Kiss The Girls and liked Boys On The Side... but that's Oliver's Story.

Was this just a case of Casual Sex? No, she saw Career Opportunities and had Great Expectations for a Sure Thing. It was to be a Close Encounter Of The Third Kind, a Mission Impossible. We're talking Risky Business On Dangerous Ground. This wasn't Child's Play! Until now she had played The Saint, but this would be Unforgiven as she would break The Ten Commandments.

It Happened One Night and would be An Affair To Remember. The Bodyguard would be the means of the Deliverance. She was in the

Head Office From Dusk Till Dawn. She started with a Striptease, then she was just The Natural. His pants were Falling Down around his Sneakers revealing his Pelican Briefs. There was lots of Heat as she would Free Willy and see the Hook. Her Jaws dropped as she saw the thing Up Close And Personal.

The whole thing was over in 8 Seconds, but the President was Speechless, Waiting To Exhale, then he let out a Scream of relief. Then came The Long Kiss Goodnight.

The Morning After, Dazed And Confused, she told a Circle Of Friends what had happened. She said she was told if there was ever a Q&A by Internal Affairs to give them Secrets And Lies. All The Presidents' Men wanted her to be a Liar, Liar, but one of her Friends was Wired.

After 48 Hours, Another 48 Hours, 9 1/2 Weeks and Another 9 1/2 Weeks she was seeking Fame and Big Fortune. It was like hitting it Big at a Casino. The confidant would hold The American President for Ransom. He wasn't above Suspicion because he was Every Which Way but Loose which made him Fair Game. She thought "I'm Gonna Get You Sucka!". She told The Paper and

the President "I Know What You Did Last Summer." She Set It Off... a Chain Reaction which would Breakdown the Absolute Power of the President, Against All Odds He'd be Better Off Dead. He was Fallen and it would be hard to recover as it had been turned into a No Hold Barred match by The Babe. Grumpy Old Men and Ordinary People will shout Conspiracy Theory, and the secret service will say it's A Time To Kill, but the President will say it was just A Midsummer Night's Sex Comedy that is completely True Lies. The story will cause Dead President to rollover in The Grave.

However Suspect, the President was a Diehard In The Line Of Fire. He addressed the people and stated, "This is Much Ado About Nothing. Stand By Me. Right wing advocates will Say Anything, and should Never Cry Wolf." The First Lady And The Tramp also showed Courage Under Fire. Clueless, and without a Witness For The Prosecution, the Dragnet came to a halt. The American President was no longer Under Siege, and The Shadow over the Capitol would disappear into The Abyss.

Wolves Among Sheep (Laziness and Other Qualities)

by Nick Stewart
Staff Writer

Simplicity is beauty. In other words, simple bets can sometimes be just as satisfying as a complicated one. And the fact that you don't have to practice them all that much doesn't hurt either. Okay, so blatantly put, the major advantage of simple bets is that you don't have to work at them and they still pay off. They're the lazy person's bet...and since I'm a lazy person, I tend to use quite a few of them. This next one is a classic one that's REEAAAAL easy to do. It just needs a tad of practice, but not so much that it'll interfere with your studies or partying or whatever else you fill your time with. Here we go...



*All you'll need:
-two big sherry glasses
-an egg
-a sucker

*Place the sherry glasses near each other and put an egg in the one nearest you. Bet the sucker that you can move the egg from one to the other without touching the egg or the glasses. Blow hard into the glass with the egg and it will "flip" into the other glass. Just practice a bit to estimate the correct distance, using a boiled egg.

A Million and One Uses For a Chocolate Chip Muffin

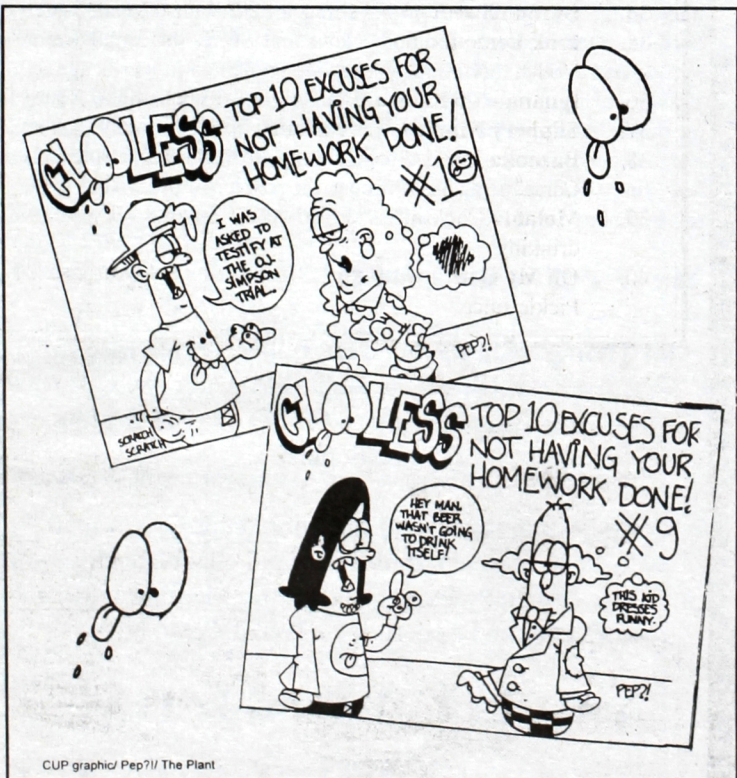
by Nick Stewart
Staff Writer

Use #78112: Go to the place where you buy chocolate chip muffins, and buy one. Turn around, lick it, and turn back around. Complain to the cashier that it's not the one you wanted, and make a fuss 'til they give you a different one. When they do, turn around, lick that one, and turn back around. Complain again that it's not the one you wanted, and demand a different one. Repeat this process until they absolutely refuse to give you another one, or until you've licked all the chocolate chip muffins. Then stand around and tell the people that come by and buy chocolate chip muffins that you've licked it.

Use #4772: Buy a muffin ever day, but don't eat it. Draw a face on it, and toss it in the closet. Watch the muffins for several hours each day. Complain that your "muffin farm" isn't evolving into a self-sufficient community. Confide in a friend that you think the King of Muffins has been taking bribes.

Use #910702: Buy a muffin and take it into a busy room, like the Great Hall. Then sit down, place the muffin on the table in front of you and wait a few minutes. Then start screaming at the top of your lungs until somebody comes, and asks you what you're doing. Tell them that you're having a screaming contest with your muffin, and you're pretty sure that you're winning. Ask the person if they want to be a judge in this contest.

Use #82: Wear a short-sleeved shirt, and pull your left arm into it, so it's on the inside of your shirt. Then take a muffin and put it into the sleeve, and hold it there with the hand in your shirt. Walk around, and go about your daily business with your new 'muffin' arm. See how long you can go until somebody asks you about your 'disability'.



CUP graphic/ Pep?/ The Plant

LET'S GET PISSSED!!!

WARNING - THIS FEATURE IN NO WAY PROMOTES THE OVER USE OF ALCOHOL, THE CONSUMPTION OF ANY ALCOHOLIC BEVERAGES IN ORDER TO BECOME INEBRIATED, OR ANY OTHER STUPID ACTIVITY THAT A PERSON MAY PERFORM WHILE UNDER THE INFLUENCE OF ALCOHOL!

Alcohol Feature

by Mat Thompson
Staff Writer

Over the last few years of drinking, I have come to realize one thing... Most people just drink to get drunk and they don't care how. But what about those of you out there who actually want to know what goes into your favorite drink, shooter or punch. Have you ever wanted to try to mix your own drinks or create your own special blend. Well, this feature should help. I have packed all the info that I can into these three pages that will make even the most hardened alcoholic drool!

So if there is anything you wondered about drinking, I bet I cover it in some way within these pages. So read up, drink up and enjoy. But remember one thing... don't be stupid and drive while under the influence. We have lost enough friends that way, we don't need to lose anymore!

The Liquor Dictionary

Sure, most of you don't care what anything means when it comes to drinking, as long as it tastes good and gets you drunk. But just in case you actually want to learn something this year (yeah, right), here is the first Official Lambda Liquor Dictionary.

Alcohol (C₂H₅OH) - The common ingredient in all liquor. There are many types of alcohol, but for drinking only ethyl alcohol is used. Of the several types of ethyl alcohol, those spirits distilled from grain, grape, fruit and cane are the most common.

Proof - A measurement of alcoholic strength or content. One degree of proof equals one-half of 1 per cent of alcohol. So 80 proof has 40% alcohol in it.

Grain Neutral Spirits - A practically tasteless, colorless alcohol distilled from grain (like whiskey) but at 190 proof or above. Used in blended whiskeys, in making gin and vodka and many other liquors.

Beers

Lager - (about 3.6% alcohol) A light, dry beer.

Ale - Has a more pronounced flavor and aroma of hops and is heavier and more bitter than lager.

Bock, Porter and Stout - Progressively heavier, darker, richer and sweeter.

Brandy - Distilled from a fermented mash of grapes or other fruit. These brandies, aged in oak casks, are usually bottled at either 80 or 84 proof. Long enjoyed as an after dinner drink and also widely used in cooking.

Cordials - The words cordial and liquor are synonymous, describing liquors made by mixing or redistilling neutral spirits with fruits, herbs, flowers, seeds, roots, plants, or juices to which sweetening has been added. Practically all cordials are sweet and colorful, with highly concentrated, dessertlike flavor.

Gin - Distilled from grain and receives its flavor and aroma from juniper berries and other botanicals.

Rum - Distilled from the fermented juice of sugar cane, cane syrup and molasses at less than 190 proof and bottled at not less than 80 proof. It is aged in uncharred barrels where it picks up very little coloring; dark rums often have caramel added for color.

Vodka - A highly refined and filtered liquor distilled from any material at or above 190 proof, bottled at no less than 80 or more than 110 proof. Originally made in Russia from potatoes.

Whiskey - Distilled from the fermented mash of grain (usually corn, rye, barley or wheat), and then aged in oak barrels. When placed into barrels to age, it is a water colored liquid, but during aging it gains its amber color, flavor and aroma.

Know Your Glasses!

Okay, it is now time to get sophisticated. Sure most of us just call anything that alcohol is in "A Glass", but every glass has a specific name. Certain glasses go with certain drinks, and most old bartenders (like my dad) will shoot you if you ask him for "That tall funnell-looking glass" instead of a "Pilsner Glass". I know most of people won't memorize this picture, but if you remember a few, you can impress your friends next time you go to the bar and ask for a specific drink in a specific glass!



40 Great Shooters

1. **Mudslide** - 1/3 Irish Cream, 1/3 Kahlua, 1/3 Vodka
2. **Indian Summer** - 1/4 Kahlua, 1/4 Vodka, 1/2 Pineapple Juice
3. **Candy Bar** - 1/2 Frangelica, 1/2 Vodka
4. **Killer Kool-Aid** - 1/8 Amaretto, 1/8 Peach Schnapps, 1/4 Vodka, 1/2 Cranberry Juice
5. **Nutty Irishman** - 1/2 Frangelica, 1/2 Irish Cream
6. **Snow Cap** - 1/2 Tequila, 1/2 Irish Cream
7. **Alabama Slammer** - 1/4 Orange Juice, 1/4 Southern Comfort, 1/4 Amaretto, 1/4 Sloe Gin
8. **After Eight** - 1/3 Irish Cream, 1/3 Kahlua, 1/3 White Creme de Menthe
9. **Cement Mixer** - LAYER - bottom 3/4 Irish Cream, top 1/4 Lime Juice
10. **Mocha Mint** - 1/3 White Creme de Cacao, 1/3 White Creme de Menthe, 1/3 Kahlua
11. **After Five** - 1/3 Peppermint Schnapps, 1/3 Irish Cream, 1/3 Kahlua
12. **Ground Zero** - 1/4 Kahlua, 1/4 Vodka, 1/4 Peppermint Schnapps, 1/4 Bourbon
13. **Lube Job** - 1/2 Irish Cream, 1/2 Vodka
14. **Brain Eraser** - 1/6 Amaretto, 1/6 Kahlua, 1/3 Club Soda, 1/3 Vodka
15. **Lion Tamer** - 1/4 Lime Juice, 3/4 Southern Comfort
16. **Panther** - 1/4 Sour Mix, 3/4 Tequila
17. **Hot Shot** - 1/2 Peppermint Schnapps, 1/2 Vodka, A dash of Tabasco
18. **Prairie Fire** - 1/5 Tabasco, 4/5 Tequila
19. **Sex on the Beach** - 1/6 Peach Schnapps, 1/6 Vodka, 1/3 Cranberry Juice, 1/3 Pineapple Juice
20. **Russian Quaalude** - 1/3 Vodka, 1/3 Irish Cream, 1/3 Frangelica
21. **Banana Boat** - 1/4 Lime Juice, 1/4 Banana Liqueur, 1/2 Tequila
22. **Anti-Freeze** - 1/2 Vodka, 1/2 Green Creme de Menthe
23. **Chocolate Covered Cherry** - 1/3 Creme de Cacao, 1/3 Amaretto, 1/3 Kahlua, a dash of Grenadine
24. **Kamikaze** - 1/4 Lime Juice, 1/4 Triple Sec, 1/2 Vodka
25. **Bubble Gum** - 1/4 Peach Schnapps, 1/4 Orange Juice, 1/4 Banana Liqueur, 1/4 Vodka
26. **Hot Pants** - 1/7 Grapefruit Juice, 2/7 Peppermint Schnapps, 4/7 Kahlua
27. **Homecoming** - 1/2 Irish Cream, 1/2 Amaretto
28. **Deep Throat** - 1/2 Vodka, 1/2 Kahlua
29. **57 Chevy** - 1/2 Vodka, 1/2 White Creme de Cacao
30. **Woo Woo** - 1/3 Peach Schnapps, 1/3 Vodka, 1/3 Cranberry Juice
31. **Cerebral Hemorrhage** - 1/3 Irish Cream, 1/3 Peach Schnapps, 1/3 Kahlua, a dash of Grenadine
32. **Sea Breeze** - 1/5 Vodka, 2/5 Cranberry Juice, 3/5 Grapefruit Juice
33. **Midnight Sun** - 1/4 Grenadine, 3/4 Vodka
34. **Buffalo Sweat** - 1/5 Tabasco, 4/5 Bourbon
35. **Pink Lemonade** - 1/3 Sour Mix, 1/3 Cranberry Juice, 1/3 Vodka
36. **Iguana** - 1/6 Kahlua, 1/6 Vodka, 1/6 Tequila, 1/2 Sour Mix
37. **Slippery Nipple** - 1/2 Sambuca, 1/2 Irish Cream
38. **Bazooka Joe** - 1/3 Irish Cream, 1/3 Peach Schnapps, 1/3 Blue Caracau
39. **Molotov Cocktail** - 1/3 Vodka, 2/3 Sambuca (light before drinking)
40. **Oh My God!** - 1/4 Vodka, 1/4 Tequila, 1/4 Bourbon, 1/4 Pickle Juice



HERE'S MUD IN YOUR EYE! PROSIT! SALUD! SKAAL! PURA QUANZU!

Mat's Top 5 Drinks

5. **Chocolate Lic (Shooter)** - 1/4 Irish Cream, 3/4 Sambuca and a coffee bean in the bottom. Warm in the microwave for 15 seconds then light on before drinking. Don't swallow the bean!

4. **Black Russian** - 2 oz. Kahlua, 3 oz. Vodka. Pour over ice.

3. **Burn Caesar Burn** - 2 oz. Vodka, 1 1/2 oz. Tabasco, 1/2 Worcestershire Sauce. Mix in large glass and fill the rest with Clamatto. Top with Celery Salt and pepper.

2. **Rocky Mountain Bear Fucker (Shooter)** - 1/3 Tequila, 1/3 Southern Comfort, 1/3 Jack Daniels.

1. **Toxic Waste (My own creation!!!)** - 1 oz. Blue Caracao mixed in a glass with Coke. It will turn a sludge green color with thick bubbles, but it tastes great!



Party PUNCHES



Rye Punch - 1 1/2 25-oz bottles of Rye Whiskey, 1 30-oz bottle Ginger Ale, 1 30-oz bottle soda water, 20 oz. Orange Juice, 10 oz lemon juice, 1 cup brown sugar. Pour into a large bowl and top with orange and pineapple slices. Stir gently and serve.

Rum Punch - 1 1/2 25-oz bottles of Rum, 1 1/2 30-oz bottles Ginger Ale, 20 oz orange juice, 10 oz Pineapple juice, 3/4 cup powdered sugar. stir gently and pour over block ice in large bowl.

Gin Punch - 2 25-oz bottles Gin, 1/3 cup fruit sugar, 18 oz Orange Juice, 4 oz lemon juice, 6 oz pineapple juice, 1 30-oz bottle Tom Collins Mix, 1 30-oz bottle soda water. Pour into large punch bowl and garnish with slices of lemon and orange.



Swamp Water - Mix whatever the hell you can find around residence into one big-ass punch bowl. Serve with ladles and garnish with cheesy-poops!



DRINKS...DRINKS... DRINKS

Whiskey Sour - 1 1/2 oz. Rye Whiskey
1/2 oz. Lemon Juice
1/2 tablespoon powered sugar
Shake well and top with a cherry.

Tom Collons - 1 1/2 oz. Gin
Teaspoon of Sugar
1 oz lemon juice
Shake with cracked ice. Strain into tall glass, fill with club soda and stir well.

Rob Roy - 3/4 oz. Vermouth
2 oz Scotch
Stir with cracked ice and strain into cocktail glass.

Apple Pie - 3/4 oz Rum
3/4 oz Vermouth
A dash of Apricot Brandy, Grenadine, and Lemon Juice.

Bloody Bronx - 1 1/2 oz gin
1/4 oz Vermouth
1/2 oz orange juice
a dash of Cranberry juice

Blue Blazer - Use two large mugs.
2 1/2 oz Canadian Whiskey
2 1/2 oz boiling water
*Put the whiskey in one mug and the water in the other. Ignite the whiskey and, while blazing, mix both together by pouring them four or five times from one mug to the other. If done correctly, this will have the appearance of a continuous stream of fire. Sweat with 1 teaspoon of sugar and a dash of lemon juice.

Blue Monday - 1 1/2 oz Vodka
3/4 oz Triple Sec
1 dash blue food coloring

Bull's Milk - 1 Teaspoon powdered sugar
1 oz. Rum
1 1/2 oz Brandy
1/2 Pint of Milk
Top with cinnamon

Greyhound - 1 oz Vodka
Grapefruit Juice

Grasshopper - 3/4 oz Green Creme de Menthe
3/4 oz White Creme de Cacao
3/4 oz cream

Hawaiian - 2 oz Gin
1/2 oz Pineapple Juice
1/2 oz Curacao

Leap Frog - 3/4 oz Apricot Brandy
3/4 oz Rum
Lime Juice

Ice Cream Flip - 1 egg
2 Marachino Cherries
2 oz Caracao
1 scoop Vanilla ice Cream
Blend Well and serve as a shake.

Kiss In The Dark - 3/4 oz Dry Gin
3/4 oz Cherry Brandy
3/4 oz Vermouth

Love Cocktail - 2 oz Sloe Gin
White of 1 egg
1 oz Lemon juice
1 oz Raspberry juice

Mai Tai - 1/2 teaspoon powdered sugar
2 oz Rum
1 oz Caracao
3/4 oz Grenadine
1/2 oz Lime Juice

Mexicola - 2 oz Tequila
1 oz lime juice
Mix together and fill glass with Cola.

Palm Beach - 1 1/2 oz Dry gin
1/4 oz Vermouth
1/4 oz Grapefruit juice

Russian Bear - 1 oz Vodka
1/2 oz White Creme de Cacao
1/2 oz Cream

Rusty Nail - 1 oz Scotch
1 oz Drambuie

Shamrock - 1 1/2 oz Irish Whiskey
1/2 oz Vermouth
1/2 oz Green Creme de Menthe

Shanghai Surprise - 1/2 oz Lemon Juice
1 teaspoon Anisette
1 1/2 oz Rum
1 oz Grenadine

Singapore Sling - 1/2 oz Lemon Juice
1 teaspoon sugar
2 oz Gin
1/2 oz Cherry Brandy

Third Degree Burn - 1 oz Gin
1 oz Vermouth
1 oz Tequila

Thunderclap - 1 oz Gin
1 oz Canadian Whiskey
1 oz Brandy

Vodka Stinger - 1 1/2 oz Vodka
1 1/2 oz White Creme de Menthe

X-Y-Z - 1 oz Lemon Juice
1 oz Triple Sec
2 oz Rum

Zombie - 1 oz Pineapple Juice
1 oz Lime Juice
1 oz Orange Juice
1 teaspoon sugar
1/2 oz Apricot Brandy
2 1/2 oz Rum
1 oz Jamacian Rum

Martini - 1 1/2 Dry Gin
1/2 oz Vermouth
Serve with an olive.

Hurricane - 3/4 oz Dry gin
3/4 oz Whiskey
3/4 oz Creme de Menthe

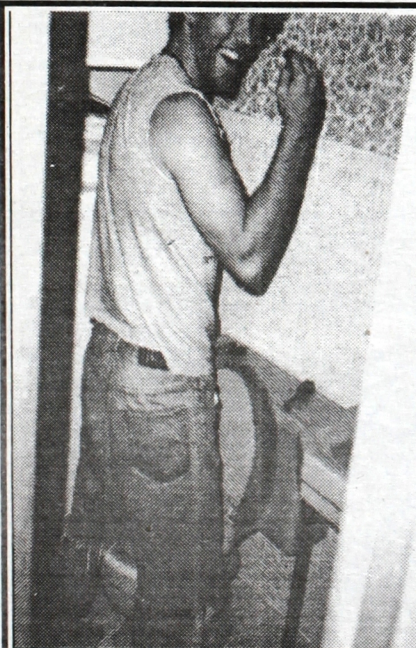
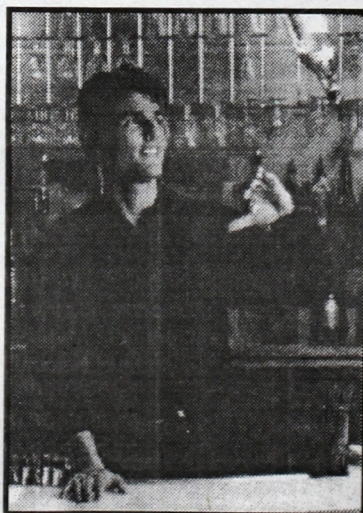
Knockout - Equal parts: Gin, Vermouth, Vodka

Bee's Kiss - 3 oz Rum
1 tablespoon liquid honey
1 teaspoon cream
Heat in microwave for 20 seconds and mix.

Suicide Cocktail - 1 1/2 oz Rum
1 oz Creme de Cacao
1 1/2 oz Soda Water
Place glass on floor. Place a Wint-O-Green Life Saver in your mouth and drop it into the glass from a standing position. Do not drink until you hit the glass!

Schussboomer's Delight -
1 oz Lemon Juice
2 oz Cognac
Mix in tall glass and fill with champagne

Lizard Skin - Hollow out half an orange. Fill with Brandy and light. Extinguish after a moment and drink.



TOO MUCH BEER WILL LAND YOU HERE!!! IT'S THE VITAMIN P!

A VOTRE SANTE! EVIVA! NAZDRAVICA! MABUHAY! PROOST!

DRINKS... DRINKS... DRINKS

Shanghai - 2 oz. Jamaican Rum
1 oz Lemon Juice
1/3 oz. Anisette
2 dashes Grenadine

Santiago - 1 part Curacao
2 parts Lime Juice
8 parts Jamaican Rum

Algonquin - 2 oz. Rye
1 oz. Vermouth
1 oz. Pineapple Juice

Manhattan - Dash of Orange Bitters
1 oz Vermouth
1 oz Rye

Millionaire Cocktail - 1 1/2 oz Whiskey
1/2 oz. Curacao
1 dash of Grenadine

New Yorker - 1 oz. Grenadine
2 oz. Lime Juice
8 oz. Whiskey

Stone Sour - 2 oz Lemon Juice
1/4 oz Creme de Menthe
2 oz. Bourbon
Add a cherry and sparkling water. Sweeten to taste (wimp!).

Thompson - 1 oz Vermouth
2 oz. Whiskey
a dash of lemon, pineapple and orange juice.

Barbary Coast - 1 oz. Scotch
1 oz. Gin
1 oz. Rum
1 oz. Creme de Cacao
1 oz. Cream

Blood and Sand - 1 oz. Scotch
1 oz. Cherry Brandy
1 oz. Orange Juice
1 oz. Vermouth

Trinity - 1/2 oz. Scotch Whiskey
1/3 oz. French Vermouth
1 dash Creme de Menthe
1 dash orange bitters
1 dash apricot brandy

Tequila Sour - 1 oz. Sugar Syrup
1 oz. Lemon Juice
8 oz. Tequila

Margarita Cocktail - 1 oz Tequila
Dash of Triple Sec
1 oz Lemon or Lime juice
Pour over crushed ice and stir. Rub the rim of a stem glass with rind of lemon, spin in salt, pour and sip.

The Twister - 1 1/2 oz of Vodka over three ice cubes. 3/4 oz of lime juice. Fill with 7-Up.

Vodka Sling - 4 oz vodka
1/2 oz Benedictine
1/2 oz. Cherry Brandy
2 oz Lemon Juice
1 teaspoon Orange Bitters.
Fill with chilled soda water over ice.

Adonis - 1 oz Vermouth
2 oz. Sherry
1 dash Orange Bitters

Bughouse - 1 oz Vermouth
3 oz. Cognac
2 dashes of Absinthe

Champagne Cup - To one bottle of champagne, add two bottles sparkling water, add one wine glass of Brandy and one of Curacao and one large spoonful of sugar. Chill.

Cupid - 3 oz Sherry
1 teaspoon sugar
1 pinch cayenne pepper

Fig Leaf - 3 oz Vermouth
1 oz Rum
1 oz Lime Juice

Peach Velvet - 4 oz. Champagne
1/2 oz. Peach Brandy
Pour over one ice cube and a peeled, peach slice.

Brandy Blazer - 3 oz Brandy
a dash of Lemon Juice
1 lump of sugar
Place sugar in bottom of shaker. Add other ingredients. Stir with a long spoon; blaze for a few seconds and extinguish. Strain into glass.

Sambuca Milkshake - 1-2 scoops ice cream
1 1/2 oz. Irish Cream
2 1/2 oz. Sambuca
Mix 2 oz of Sambuca with other ingredients making a shake. Pour into glass, top with 1/2 oz Sambuca and light it a blaze!

Velvet Hammer - 1 oz Gin
1 oz Apricot Brandy
1 oz. Vermouth
1 oz. Cherry Brandy
1 dash orange bitters

White Lady - 1 part Triple Sec
2 parts Lemon Juice
8 parts Gin

Silver Bullet - 1 oz. Gin
1 oz. Kummel
1/2 oz. Lemon Juice

Nightmare - 1 oz Gin
1 oz Dubonnet
1/2 oz. Cherry Brandy
1/2 oz. Orange Juice

Gimlet - 3 parts Gin
1 part Lime Juice

Bronx - 1 1/2 oz Gin
1 oz. Orange Juice
2 slices of Pineapple in a glass.

Chocolate Orange - 2 oz. Irish Cream
1 oz. Sambuca
1 oz. Orange Juice



Top Ten Reasons Beer is Better Than A Man!

1. A beer never leaves the toilet seat up.
2. A beer lasts longer than 8 seconds.
3. A beer won't ask you to cook it dinner when you aren't hungry.
4. A beer will never make you sit in the wet spot it makes.
5. A beer doesn't care when you go shopping without it.
6. A beer doesn't mind when your mother visits.
7. A beer does just as many chores as a man does, but it doesn't bitch about it.
8. Having a beer won't get you pregnant (well... maybe).
9. A beer won't tease you because you thought Tito Santana was hot!
10. Empty or full, a beer bottle is always hard.

Top Ten Reasons Beer is Better Than A Woman!

1. You can enjoy a beer all month long.
2. You don't have to wine and dine a beer before opening.
3. A beer will wait patiently in a car for you.
4. When a beer goes flat, you can just get another.
5. A beer is never fashionably late.
6. Hangovers eventually go away!
7. A beer doesn't get jealous when you grab another beer by the bottom.
8. Beer label come off without a fight.
9. When you go to a bar, you can always pick up a beer or two.
10. You can put a beer down to watch the game and come back to it later.

Did You Know... About Healthy Beer?

- A beer a day will keep the doctor away. Well, it will keep the cardiologist away, at least. Alcohol helps to prevent strokes and heart disease in older adults.
- Contrary to popular belief, beer has the same health benefit as a glass of red wine.
- People seem to get the greatest benefit from alcohol when they drink just before or during a meal.
- Almost three thousand lives are saved by the health benefits of alcohol every year in Ontario.
- Beer not only helps to prevent heart problems and strokes, it also provides much of your daily nutritional requirement. The average beer has calcium, potassium and vitamin B1, B2, B3 and B6 among other essential vitamins and minerals.
- Beer has absolutely no fat or cholesterol and about two thirds of the calories in beer come from the alcohol.
- Compiled from various publications and health reports.
- Beer is the least fattening alcoholic drink per ounce. Drambuie is the highest with 110 calories per ounce. In contrast, food has a higher percentage of calories than alcohol does. Chips are 160 calories per ounce and a chocolate bar has 135 per ounce.



Classified

Can you help us?

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Don't have time to type your essay? I can help! Fast, efficient, **bilingual** service at competitive prices. Call Denise at 566-2069.

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ANNONCES

Les auditions pour "Single & Sexy", Une pièce de théâtre bilingue sur les attitudes relatives au sexe dans les années 90 est le 9 avril, 1998 de 17 h à 19 h dans l'Auditorium Fraser. Tout étudiant ou étudiante de la Laurentienne qui aimerait jouer dans une pièce de théâtre sont invités. Il y a 6 rôles, soit 3 rôles féminins et 3 rôles masculins. Les comédiens reçoivent un petit cachet en plus d'acquérir une expérience utile du théâtre. Préparez un monologue et une chanson. IMPORTANT: vous devez pouvoir commencer à répéter au mois d'août. Pour fixer un rendez-vous pour une audition, communiquez avec Silvie au poste 3422.

La prochaine session de correction du Test de compétence en rédaction française aura lieu **le mercredi 15 avril**. Info: Normand Fortin, poste 4110 ou par courrier nfortin@nickel.laurentian.ca.

Le Centre de spiritualité et santé de l'Université Huntington présente une **fin de semaine de méditation**, intitulé "**Treasure in Earthen Vessels: Toward a More Embodied Spirituality**", les **samedis 18 et dimanche 19 avril**, de 9 h 30 à 16 h 30, au salon Lautenslager, Université Huntington. Coût (dîner compris): atelier du samedi, 35 \$; les deux ateliers, 60 \$. Info: 673-4126, poste 209 ou djoblin@nickel.laurentian.ca.

Le vitrail installé à l'entrée du salon Canisius a été conçu et exécuté par John Elliott, sociologue à la retraite et président du Conseil de la paroisse universitaire. Il l'offre à l'U de S, qui en a acheté les matériaux grâce à un don de Mme Alma Richard, pour marquer les 25 ans de la paroisse. Une inauguration officielle aura lieu après la messe paroissiale du **dimanche 26 avril**. Info: 673-5661.

L'Association des travailleuses et travailleurs sociaux de l'Ontario, parrainées par l'Ecole de service social de l'UL, le Conseil sur la planification sociale de la région de Sudbury, le Forum des programmes d'assistance pour employés de Sudbury/Manitoulin et l'Association ontarienne pour médiation familiale, présente son congrès semestriel, intitulé "**Créer l'équilibre dans les communautés**", du **jeudi 21 au samedi 23 mai** de 8 h à 16 h, à l'hotel Ramada Inn. Minnie Jean Trickey, membre des Little Rock Nine, le premier groupe d'élèves noirs à s'intégrer avec succès dans une école secondaire d'élèves blancs, prononcera la conférence principale. Info: Jennie-May, 523-6688.

Les formulaires de bourses d'études de 2ième, 3ième et 4ième année 1998-1999 sont maintenant disponibles au bureau d'aide financière. La date d'échéance est le 1er juin 1998.

Lucky Duck Dash

The Rotary Club of Sudbury Sunrisers will hold the sixth annual Lucky Duck Dash on Saturday, May 9 at Lily Creek Field from 12 noon to 4:30 pm. Race time is scheduled for 3 pm. Tickets for the Duck Dash are \$5 a piece, or \$20 for a flock of five. The grand prize for this year's Duck Dash is \$10,000.00, but there will be a number of other prizes offered.

Proceeds raised by the Lucky Duck Dash will go to the Northern Cancer Research Foundation, along with other worthwhile community charities. All of the proceeds raised for the NCRF will stay here, in Sudbury, to support cancer research and treatment programs at the Northeastern Ontario Regional Cancer Centre. For further information, or to purchase

tickets, please call Kim Fahner at the Northern Cancer Research Foundation at 523-4673.

ANNOUNCEMENTS

120 Summer job experiences offered to Canadian students

This summer, Labatt People in Action program will fund 120 students to work at registered charities across Canada. For an application form or more information please call 1-800-334-2627 or visit our website at www.lpia-ltao.com. **Deadline for applications is April 3, 1998.**

Auditions for "Single & Sexy", A Bilingual Play about Sexual Attitudes in the 90's, will be held on **April 9, 1998**, from 5-7 p.m. in the Fraser Auditorium. Any Laurentian student interested in acting is welcome to audition. There are 6 parts, 3 female and 3 male. The actors are granted a small honorarium as well as gaining valuable acting experience. You have to prepare a monologue and a song. IMPORTANT: you must be available for rehearsals starting the month of August. To schedule an audition call Silvie at ext. 3422.

The next **English Writing Competency Test scoring** will be held on **Tuesday, April 14**. Info: Normand Fortin, ext. 4110 or nfortin@nickel.laurentian.ca.

Huntington University Centre for Spirituality and Health presents a **Weekend of Embodied Meditation**, entitled "**Treasure in Earthen Vessels: Toward a More Embodied Spirituality**", on **Saturday, April 18 and Sunday, April 19**, from 9:30 a.m. to 4:30 p.m., at the Lautenslager Hall, both workshops, \$60. Info: 673-4126, ext. 209 or djoblin@nickel.laurentian.ca.

Union Gas presents **Up With People "Roads"**, **April 18th & 19th** at the Fraser Auditorium. Once again, let's welcome an enthusiastic brand of high energy entertainment. Tickets will be available soon at selected local merchants! Proceeds will be donated to the YMCA Geneva House. At this time, we are expecting a request for host families. This is a great opportunity for you and your family to experience bringing the world together through friendship and understanding. For more information, please contact us at our Union Gas office, 566-4301 ext. 2140.

Thanks to a gift from Mme Alma Ricard, a stained-glass window designed and crafted by John Elliott, was given by the artist to the University of Sudbury to mark the silver jubilee of the University Parish (1997). It is set above the Canisius door. The stained-glass window will be officially inaugurated after the Parish Mass on **April 26th**.

Attention Students!

The Ontario Association of Social Workers is holding its Bi-Annual Conference, "**Creative Balance in Communities**", here in Sudbury **from May 21st to 23rd 1998!** Our Keynote Address will be given by MINNIE JEAN TRICKEY, a member of the Little Rock Nine, the first group of black students to successfully integrate a white high school. Workshops will be offered in English and French, and a wide range of topics will be covered including Social Work, Employee Assistance and Mediation issues as Anglophone, Francophone and Native delegates strive to achieve balance within their lives and communities. All are welcome! Special student rates are available! Contact Pat at 523-6688 for more information.

Pride @ LU's Support Group meets every **Tuesday from 5-6:30** to give students a chance to talk about the challenges of being gay, lesbian or bisexual. for more info contact Pride at Box 17, Student Centre or AGLL_L@nickel.laurentian.ca or inquire with the Counselling & Resource Centre at 673-6506.

Travel the World, Perform for Thousands, Be an ambassador, Make Friends for life, Diversify your Resume, and Have a Blast!

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Consider doing a full-time **Masters of Business Administration (MBA)**, the right complement to any undergraduate degree.

Please drop in for an informal presentation on Wednesday, April 8, in F-443, between 5:30 - 7:00 p.m.

Call Ozhand Ganjavi at 675-1151, Ext. 2138 or send an E-mail to oganjavi@nickel.laurentian.ca for more information.

Remember when you were in first year?

Help us welcome Laurentian's first year students by volunteering for

Orientation 1998

We need you and it's lots of fun! Drop in at the Office of Student Life (down the hall from the Bookstore) or call 673-6506, ask for Liane or Jocee.



Up With People, the international learning program is now conducting interviews for positions in this year-long program. If you're between the ages of 17-25, are interested in world travel, community service, performing arts and adventure call Valerie Hope (705) 566-4301 ext. 2140. College credit and financial aid available.

Up With People will perform its two hour musical, "ROADS", on Saturday, April 18 at 8 p.m. and Sunday, April 19 at 2 p.m. 150 students from 22 countries on stage! International and contemporary music and dance. If you're between the ages of 17-25, are interested in world travel, community service, and performing arts, this is your calling. Interviews are being held for positions in future casts. For information call Valerie at (705) 566-4301 ext. 2140.

DR. JAY Looks at Your Back

Imagine your toughest workout ever. Now imagine that during this workout you used improper lifting technique. The exercised muscles could become quite painful, if not actually injured. Now imagine that in this killer workout you performed 2,500 reps on each side of your body with 25- to 30-pound weights. Impossible, you say. Not really. You have just pictured the muscular activity in an average day's walking. With every step, the weight of each limb (equal to 15% of your bodyweight) must be lifted to move it forward. To perform this feat, we must use the muscles that originate directly from the lower portion of the spine. When this lift is performed incorrectly, the stress can destroy even the strongest low back. Since it happens one step at a time, damage occurs so slowly that those who experience chronic lower-back pain never think of improper walking as the cause. A new approach to understanding stress on the spine in relation to exactly how we walk appears to be close to providing a remedy for this troubling problem. With each step we take, we move forward over the leg that supports us. As the opposite limb swings forward, the toe joints of the weight-bearing foot must bend freely so we can continue our progress. This swinging and bending sequence flows smoothly, and the support limb moves out from under the torso. This motion is known as extension. From this extended position, the limb can move forward again to begin the next swing action. To add sufficient power to this, a group of lower-back muscles known as the iliopsoas complex then continue this forward-swinging motion. Since each leg is fairly heavy, the precise location and motion of the limb about to be lifted becomes critical. If it fails to move into the proper position from which it is to begin



swinging, then the assisting muscles in the lower back must overwork. The bending action of the foot's toe joints is so important in this series of motions that any malfunction at this site can affect the support limbs ability to extend properly, and cause the entire interrelated system to break down. Functional hallux limitus (FHL) is a new medical discovery that describes this form of temporary malfunction in the flexibility of the toe joints. A simple test can determine whether or not you have FHL. Stand barefoot in front of a partner. With your bodyweight evenly distributed between your two legs, have your partner attempt to lift your big toe. The toe should put up some resistance, but it should bend considerably. With this bending, you should notice your arch actually raise. This condition is normal. If, however, your partner's attempt to raise your toe meets with significant resistance, then you may have FHL. While itself not a problem, other sites in your body, such as the knees, lower back, neck, shoulders and, in some cases, jaw may be painful. Each location may be a site of compensation and muscular overuse. Chronic pain in any one of these should be viewed as a signal to check out your walk. A call to your podiatrist or other health-care provider familiar with this condition may prove valuable. The hallux, the medical term for the big toe, becomes temporarily

locked at its joint with the ball of the foot. What makes FHL so unusual is that this locking occurs only when the joint is stressed by all the body's weight.

The nonpainful lockup at the foot end causes an adjustment to the normal sequence of motion in the upper portion of the limb. With this positional change, the lower-back muscles are stressed repeatedly and eventually develop a chronically painful condition. This type of lower-back pain generally develops when an otherwise healthy person hurts his back, either lifting improperly, falling or even reaching for something. If he has FHL, any slightly inefficient style of walking, while never enough to cause a problem before, will now aggravate the injury. Each step acts to reinjure the damaged location. Repeated 2,500 times on each side each day, a simple injury becomes a chronic dilemma.

GETTING HELP Correcting FHL can be simple

Foot orthotics are devices that enhance the ability of the foot to function correctly. A new device recently introduced by Langer Biomechanics Group is made specifically to prevent FHL and its related complaints. Not as rigid as previous orthotics, it is designed with a flexible, plastic shell and a patented modification (placed under the big toe joint) that aids in the bending action of the foot joints. Often, the more knowledgeable we become about how we function, the better equipped we'll be to help ourselves. Understanding how we move and the interrelationship between bodyparts gives us the groundwork to control our structure and posture. It lets us stand tall and have the ability to walk away from chronic lower-back pain.

World Soccer News

by Takis Zervas
Columnist



In Croatia, Nikola Jerkan, Igor Stimac and Nikola Jurcevic were dropped from coach Miroslav Blazevic's list of the 30 players in contention for a World Cup squad place. The three new players are Mario Tokic of Rijeka, Nino Bule of Zagreb and Jurico Vucko of Hajduk Split. IT seems that Croatia may find their fight for a good World Cup placing to be in jeopardy. How can Blazevic drop three strong players from the team? This in so time for development. Politics must be involved and the Croatian association should take a closer look at the awkward decision be Blazevic.

In Scotland, manager Craig Brown has said he is very unlikely to name Duncan Ferguson in his squad, despite call for his reinstatement. Ferguson wrote to the FA last year announcing his retirement from international soccer. Too many players around the globe are coming in and out of the game. It is time to look at some current stars than dwindle in the past. Duncan is not the player he once was.

In Argentina, River Plate won this season's national opening title by a point from Boca Juniors in one of the most exciting finishes of recent

years. At the San Lorenzo and Huracan game, fights before the fame resulted in a Huracan supporter's death-the fourth fan killed this year. When news spread, supporters already in the ground broke through the perimeter fencing to the pitch. On the following day, a smoke bomb thrown during the River Plate's game caused a photographer to lose an eye. The insanity of hooliganism continues my friends.

In Columbia, celebrations in the Colombian city of Cali following America's title decider win resulted in four deaths and 82 injuries, mostly caused by traffic accidents and drunkenness. America ended a five year wait for the title, which they had won eight times before, by beating Bucaramanga 1-0 and 2-0 in the play-off between the opening

and closing championship winners. Both team will go into the next Libertadores Cup.

In South Korea, Kim Joo Sung of Pusan Daewoo has been given the Most Valuable Player award by the Korean Professional League - 10 years after winning the Rookie of the Year. The Rookie award went to Shin Jim Won of Taejon Citizens. Nike will sponsor the Korean national team for another five years, in a deal worth about \$40 million.

In Egypt, Zamalek took the annual Afro-Asian Cup by beating Pobang Steelers of South Korea on away goals. They won 1-0 at home after losing 2-1 in the first leg. But Zamalek continues to struggle at home and are four points behind Al Ahli and Ismaili. Al Ahli have fired their German coach, Rainer Hollman, after losing to Tunisia's club Africain in the Arab Championship Cup Final. His assistant, Ahmed Maher took over for the derby against Zamalek, which ended 0-0.

In France, if you have not heard, Marseille, one the more illustrious clubs have reinforced their attack with the return of international striker Christophe Dugary, as unhappy at Barcelona as he was with Milan.

Weight Room Follies

The Final Judgement

During the recent SGA elections there was also a student referendum, part of that referendum dealt with a proposed increase in the student activity fee. Specifically whether or not to channel a specific portion of the activity fee to the weight room. The result was an overwhelming 90% vote in favour of the proposal.

It is certainly encouraging to see that the student body cares about the services that they pay for and are willing to pay a little more to see a larger improvement. Now that the money is there to help turn our Jurassic gym into a more modern facility, it is important to ensure that the equipment that is purchased is both functional and relative to the needs of our students and student athletes.

When I say functional, I mean equipment that will be used and is of necessity and relevance to today's students. Its fine to buy equipment but if now one is going to use it, or if it is considering below par the attempt is fruitless.

It is important the equipment purchased meet with the approval those who will be using it. We don't need anymore universal machines, they are outdated and do not appeal to the wide variety of students. We need more freeweights, a proper military barbell stand, leg press machine and cardio equipment. If finances permit the more modern hammer strength equipment would present Laurentian students with the latest in weight training technology. It is important that we as the student body do not let the athletic coaches and such dictate what is purchased. We do not want a weight room that makes its purchases with the swim team, or track team in mind. On the contrary, we need a purchasing agenda that incorporates all of those who use the weight room. I'm not saying that athletes shouldn't have a say in what purchases are made, but I am concerned that since they carry a stronger voice than the average student their needs will be met first. I believe it is vital that there be some kind of acquisition committee that consults with the active living department in regards to the purchase of new equipment. It could be comprised of representatives from each varsity team and interested students who use the facility. It could ensure that no one voice can cry to loud in Ron Larwood's ear, as I'm sure some might.

Regardless of what happens, there will be those who will not be happy with the equipment that is purchased, but I think it is vitally important that students have a say in the process to ensure that any unhappiness is justified. Remember don't bitch next year if you show up and find two new universal machines, because you never questioned the process. Drop by the active living department and ask somebody what going on, and see what your money is going to get.

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Comeback 'Cats top Utah for national championship

Kentucky capped a truly mad-dening March with an unprecedented second-half rally, beating Utah 78-69 Monday night to win its second NCAA championship in three years. The Wildcats did it this time with a new coach and without stars in their lineup.

In its third straight rally of the tournament, Kentucky overcame the largest halftime deficit — 10 points — in a championship game to win its seventh national title.

"We're comeback kids," Kentucky coach Tubby Smith said. "These kids have done it all."

With Smith working the sidelines instead of Rick Pitino and with former stars Antoine Walker, Ron Mercer and Derek Anderson in the NBA, Kentucky moved one trophy closer to UCLA's record total of 11.

It was the third straight year the Wildcats were in the championship game — they lost to Arizona in overtime last season — and the third straight year they ended Utah's season in the NCAA tournament.

Utah's impressive run to what would have been the school's second

title ended because Kentucky did what No. 1 seeds Arizona and North Carolina couldn't do against the Utes — shoot well.

Kentucky fell behind in the first half and trailed 41-31 at halftime after a 10-0 Utah run. The deficit was as many as 12 points in the opening minutes of the second half before Kentucky started shooting well.

"We're a fighting team — comeback 'Cats," Kentucky forward Heshimu Evans said.

The Wildcats (35-4) had been down before in the tournament. In the South Regional final, they battled back from a 17-point second-half deficit against Duke and in the national semifinal they fell behind by 10 before rallying to beat Stanford.

"We've come back all year long," Wildcats guard Cameron Mills said. "Every time we fell behind, we never quit."

Kentucky's comebacks were just part of what made the NCAA tournament special this year. It was filled with overtime games, buzzer beaters and surprises from the likes of Valparaiso and Rhode Island,

Stanford and Utah.

But the Utes, who won the championship in 1944, couldn't pull off one more upset in the title game.

Utah, the second-best defensive team in the country this season, had held its five tournament opponents to 39 percent shooting and an average of 62.5 points.

Kentucky, which finished 29-for-57 from the field (51 percent), chipped away at the lead by scoring on seven of 10 possessions. The Wildcats went on a 9-0 run and took the lead for the first time since early in the first half at 60-58 with 7:16 to play on a breakaway dunk by Jeff Sheppard after he stole the ball from Hanno Mottola.

Utah got the lead back at 62-60 on a driving layup by Andre Miller with 6:16 left and even extended it by two more points when Miller fed Alex Jensen for a layup 23 seconds later.

But a 3-pointer by Mills, Kentucky's fifth of the game — all in the second half — and a driving jumper by Sheppard with 4:53 left gave the Wildcats the lead for good.

Sheppard's jumper was Kentucky's last field goal until the dunk by Wayne Turner with 12 seconds to play. The Wildcats went 11-for-12 from the foul line down the stretch and Utah's solid offensive game went to pieces as it scored on just two of its last 10 possessions.

Scott Padgett led the Wildcats with 17 points, while Sheppard, the Final Four's most outstanding player, had 16.

Miller led the Utes with 16 points, while Mottola and Michael Doleac each had 15 and Jensen 14.

As the trophy was presented by Selection Committee chairman C.M. Newton, who also happens to be the athletic director at Kentucky and the man who picked Smith to succeed Pitino, the crowd chanted "Tubby, Tubby."

It seemed implausible that any coach could be more popular in Kentucky than Pitino had been in leading the program back from one of its lowest points following probation. But Smith may have topped him in the one year since Pitino left to coach the Boston Celtics.

Kentucky is now 7-3 in NCAA championship games, and its record over Utah in the last three seasons is 3-0 with a regional semifinal win two years ago and a regional final victory last season.

Utah (30-4) had beaten defending national champion Arizona in the West Regional final in a 25-point laugh. The Utes had to hang on to beat North Carolina in the Final Four, but they couldn't do it against Kentucky as the Wildcats wore down the nation's top rebounding team.

Utah finished with a 39-24 advantage on the boards, but in the later possessions Kentucky didn't miss many shots.

In the first half, Utah went on a 10-0 run that Jensen started and ended with layups off long passes to take a 34-23 lead. Kentucky did get within 37-31, but the Utes scored the final four points of the half for the 10-point lead.

The largest halftime deficit overcome in a title game had been eight points. Loyola (Ill.) beat Cincinnati 60-58 in overtime in 1963 after trailing 29-21 at the half.

White's comments hurt career chances away from pulpit

Fallout from Reggie White's comments on race and homosexuality have affected his product endorsement deals with two major companies and might have ended his hopes for a broadcasting job with CBS.

Campbell Soup Co. and athletic shoe giant Nike said they were reviewing remarks that the Green Bay Packers star made in a speech to Wisconsin legislators. Citing the Bible, he called homosexuality a sin.

"We have not made any judgments but it is under review," Nike spokesman Tony Tijerino said Friday. Campbell spokeswoman Ronni Heyman said White's one-year contract to promote the company's products expires within a week.

"His comments are not consistent with the principles of Campbell, but at this time, until we speak directly with Reggie White, we're not going to go any further in talking about the future," she said.

White, 36, who is black and an ordained clergyman, told legislators Wednesday during an hour-long address that blacks, whites, Hispanics, Japanese, Asians and Indians have different "gifts."

Whites, for instance, are good at tapping into money and Hispanics have good family structure, housing 20 or 30 people under one roof, he said.

Homosexual organizations asked Campbell on Friday to sever ties with White and asked the NFL to censure him for "racist and anti-gay" remarks.

Letters to Campbell and the NFL were signed by leaders of the Human Rights Campaign, the National Black Lesbian and Gay Leadership Forum and the Latino/a Gay and Lesbian Organization.

NFL spokesman Dan Masonson said the league had no comment. The Packers declined comment.

Jimmy Sexton, White's agent,

has no comment and all inquiries have been forwarded to White, a spokeswoman for Sexton's office, Amy Wilson, said.

Following the speech, White said he stands by his comments. He is not judging people and says only what he believes, he said.

CBS Sports spokeswoman Leslie Anne Wade would not say whether White had spoiled his prospects for an analyst's job for which he auditioned.

"CBS has a hard-and-fast corporate policy against bias of any kind," she said. "Reggie White is not an employee of CBS so I wouldn't comment on Reggie White specifically."

White told the media that he agreed with former CBS football analyst Jimmy "The Greek" Snyder, who was fired in 1988 after he said a black athlete was better than a white one because "he's been bred to be that way because of his high size and big size."

Snyder also said slave owners would breed a big black with a big woman so he would have a big black child, leading to superior black athletes today.

"I agree with what Jimmy 'The Greek' said when it came to, that slaves, bigger slaves were pretty much used as studs. And the comments that he made about that was true. That did happen," White told the media.

Church colleagues said White, affiliated with a church in Knoxville, Tenn., is welcome to their pulpits anytime.

"I'm not his judge. God might be saying, 'Good job, Reggie,'" said the Rev. Andrea Dudley of Capital Christian Center in Milwaukee, where White has spoken.

White's message is one of racial harmony and Biblical concepts, she said.

"He was ministering a message, a sermon, and while they may not have been expecting it, he did what he thought the Lord led him to do," Dudley said.

Stuart Briscoe, senior pastor at Elmbrook Church in Brookfield, a Milwaukee suburb, said White could speak there again, having preached there once before.

"I haven't heard him say anything that would disqualify him from being with us," Briscoe said.

The Rev. Arni Jacobson of Bayside Christian Fellowship in Green Bay said White spoke at the church about three years ago and preached nothing controversial.

"I know Reggie's heart and, as far as I am concerned, he is a fine man," Jacobson said. "He just spoke about his personal relationship with Christ and challenged our people to make that commitment if they haven't and lead a righteous life."



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When Rangers' camp opens in '98, Gretzky says he'll be there

Wayne Gretzky will return to the New York Rangers next season, although he said the team will need to make personnel changes to improve on a disappointing 1997-98 season.

Despite published reports that he may want to finish his career outside New York as the Rangers try to rebuild their team, Gretzky told Fox's John Davidson that he will be at Rangers' training camp next season.

"I've said it before and many times after, this is my last stop and I won't play for another hockey team in this league," Gretzky said in an interview that aired before New York's 2-2 tie with Pittsburgh on Saturday.

"I'm sure the Rangers are going to make the necessary changes that will help improve this team and I plan on being front and center with that team next year."

The Rangers, who have the highest payroll in hockey, are currently in 10th place in the Eastern Conference, six points behind Ottawa for the last playoff spot with nine games remaining.

Gretzky, who has one year left in his contract that will pay him \$5 million next season, is fourth in the league in scoring this season with 81 points. For his career, he has 882 goals and 1,904 assists, best in NHL history.